Problem Statement

The prostate specific antigen (PSA) test has been used to test asymptomatic men for prostate cancer along with the digital rectal exam since FDA approval in 1986.\(^1\) After a systematic review in 2012, the United States Preventive Services Task Force recommended “against prostate specific antigen-based screening for prostate cancer” concluding “that many men are harmed as a result of prostate cancer screening and few, if any, benefit.”\(^2\) Variation in PSA testing and high rates of PSA testing may expose men to increased risk of harm, lower quality of life, and undue cost. Despite these recommendations, those of the American Urological Association, and others, PSA testing for prostate cancer screening is common.

Aim

To align with evidence-based best practice and standardize the use of prostate specific antigen testing for prostate cancer screening in Washington State.

Purpose

To identify evidence-based best practice for prostate cancer specific antigen testing for prostate cancer screening and propose recommendations along with data-driven implementation strategies to the full Bree Collaborative.

Duties & Functions

The PCS workgroup shall:

- Consult members of the Washington State Hospital Association, the Washington State Medical Association, the Washington State Urology Society, and other stakeholder organizations and subject matter experts for feedback, as appropriate.
- Research evidence-based guidelines and emerging best practices to align current PSA testing practice.
- Meet for six to nine months, as needed.
- Provide updates at Bree Collaborative meetings.
- Post draft report on the Bree Collaborative website for public comment prior to sending report to the Bree Collaborative for approval and adoption.
- Present findings and recommendations in a report.
- Recommend data-driven implementation strategies.
- Create and oversee subsequent subgroups to help carry out the work, as needed.
Structure

The PCS workgroup will consist of individuals appointed by the chair of the Bree Collaborative or the workgroup chair and confirmed by Bree Collaborative members.

The chair of the PCS workgroup will be appointed by the chair of the Bree Collaborative.

The Bree Collaborative project director will staff and provide management and support services for the PCS workgroup.

Less than the full PCS workgroup may convene to: gather and discuss information; conduct research; analyze relevant issues and facts; or draft recommendations for the deliberation of the full workgroup. A quorum shall be a simple majority and shall be required to accept and approve recommendations to send to the Bree Collaborative.

Meetings

The PCS workgroup will hold meetings as necessary. The PCS workgroup chair will conduct meetings and arrange for the recording of each meeting, and will distribute meeting agendas and other materials prior to each meeting.

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Gore, MD, MS</td>
<td>Urologist, clinician, surgeon, researcher</td>
<td>University of Washington Medicine</td>
</tr>
<tr>
<td>Matt Handley, MD</td>
<td>Associate Medical Director, Quality and Informatics</td>
<td>Group Health Cooperative</td>
</tr>
<tr>
<td>Leah Hole-Marshall, JD</td>
<td>Medical Administrator</td>
<td>Department of Labor &amp; Industries</td>
</tr>
<tr>
<td>Steve Lovell</td>
<td>Retired</td>
<td>Patient and Family Advisory Council</td>
</tr>
<tr>
<td>Rick Ludwig, MD (Chair)</td>
<td>Chief Medical Officer</td>
<td>Accountable Care Organization, Providence Health &amp; Services</td>
</tr>
<tr>
<td>Bruce Montgomery, MD</td>
<td>Clinical Director of Genitourinary Medical Oncology</td>
<td>Seattle Cancer Care Alliance</td>
</tr>
<tr>
<td>Eric Wall, MD, MPH</td>
<td>Market Medical Director</td>
<td>UnitedHealthcare</td>
</tr>
<tr>
<td>Shawn West, MD</td>
<td>Family Physician</td>
<td>Edmonds Family Medicine</td>
</tr>
<tr>
<td>Jonathan Wright, MD, MS, FACS</td>
<td>Assistant professor of urology/affiliate researcher</td>
<td>University of Washington/Fred Hutchinson Cancer Research Center</td>
</tr>
</tbody>
</table>

---
