## Bree Collaborative Implementation Survey Results | Health Plans Addiction and Dependence Treatment

This report summarizes adoption of the Bree Collaborative's Addiction and Dependence Treatment Recommendations, completed by Washington State health plans in 2016. We measured adoption of specific recommendations using 0-3 point scale, self-assessed by each health plan.

## **Results: 9 Health Plans Responding**

0 -No action taken; 1 -Actively considering adoption; 2 -Some/similar adoption; 3 -Full adoption

	AVERAGE SCORE
Screening, brief intervention, brief treatment, and referral to treatment (SBIRT) services are reimbursed	2.86
Health care cost and utilization trends are tracked over time including hospital admissions as well as morbidity and mortality in patients with substance use disorders	1.71
The health plan complies with the American Society of Addiction Medicine patient placement criteria	2.00
The health plan declines to contract with medical providers (e.g., primary care, prenatal, hospitals) that do not provide screening, brief intervention, brief treatment, and referral to treatment	0.29
Opioid medication-assisted treatment is reimbursed	2.57

## **Scale**

0 - No action taken	No leadership awareness of Bree Collaborative Topics
	No team formed
1 - Actively considering adoption	Bree topics, aims and components have been discussed
	Education, assessment, information gathering
	Changes planned but not tested
	<ul> <li>Information gathering and baseline measurement begun</li> </ul>
2 - Some/similar adoption	<ul> <li>Initial test cycles completed for more than one element</li> </ul>
	Quality metrics and data available demonstrating adoption/effectiveness
	Other similar (Bree-like) changes adopted for this topic
3 - Full adoption	Changes implemented in all areas
	• All components integrated into care process (i.e. orders, etc.)
	Partial or complete closure of gap between baseline & target outcomes

## Participating Health Plans

Aetna

Amerigroup

Community Health Plan of Washington

First Choice Health Plan

Group Health Cooperative Molina Healthcare of Washington Premera Blue Cross