

## Bree Collaborative Implementation Survey Results | Health Plans Obstetrics Care

This report summarizes adoption of the Bree Collaborative’s Obstetrics Care Recommendations, completed by Washington State health plans in 2016. We measured adoption of specific recommendations using 0-3 point scale, self-assessed by each health plan.

### **Results: 7 Health Plans Responding**

**0** -No action taken; **1** -Actively considering adoption; **2** -Some/similar adoption; **3** -Full adoption

|  | <b>AVERAGE<br/>SCORE</b> |
|--|--------------------------|
| Obstetrics reimbursement structure is aligned with:  |                          |
| - Eliminating all elective deliveries before the 39th week of pregnancy (for which there is no appropriate documentation of medical necessity)   | <i>2.17</i>              |
| - Decreasing elective inductions of labor between 39 and up to 41 weeks  | <i>2.00</i>              |
| - Decreasing unsupported caesarian sections for women who have never had a C-section.  | <i>2.17</i>              |
| - Collaborating with other health plans in Washington to create a quality incentive program, using the quality criteria outlined in the report (e.g. induction rates, total and primary C-section rates, etc.) | <i>1.40</i>              |

### **Scale**

We measured adoption of specific recommendations using 0-3 point scale, self-assessed by each health plan.

|                                   |  |
|-----------------------------------|--|
| 0 - No action taken               | <ul style="list-style-type: none"> <li>• No leadership awareness of Bree Collaborative Topics</li> <li>• No team formed</li> </ul>   |
| 1 - Actively considering adoption | <ul style="list-style-type: none"> <li>• Bree topics, aims and components have been discussed</li> <li>• Education, assessment, information gathering</li> <li>• Changes planned but not tested</li> <li>• Information gathering and baseline measurement begun</li> </ul> |
| 2 - Some/similar adoption         | <ul style="list-style-type: none"> <li>• Initial test cycles completed for more than one element</li> <li>• Quality metrics and data available demonstrating adoption/effectiveness</li> <li>• Other similar (Bree-like) changes adopted for this topic</li> </ul>         |
| 3 - Full adoption                 | <ul style="list-style-type: none"> <li>• Changes implemented in all areas</li> <li>• All components integrated into care process (i.e. orders, etc.)</li> <li>• Partial or complete closure of gap between baseline &amp; target outcomes</li> </ul>                       |

### **Participating Health Plans**

Aetna

Amerigroup

Community Health Plan of Washington

First Choice Health Plan

Group Health Cooperative

Molina Healthcare of Washington

Premera Blue Cross