

## The Bree Collaborative Suicide Prevention Workgroup Charter and Roster

### Problem Statement

Suicide rates are increasing due to complex factors and rates within Washington State are higher than the national average.<sup>1</sup> Suicide is the second leading cause of death among those aged 15-34, the fourth leading cause of death among those aged 35-44, and results in approximately one death every twelve minutes.<sup>2,3</sup> Approximately 50% of American adults know someone who has died by suicide, increasing the likelihood of anxiety, depression, and post-traumatic stress.<sup>4</sup> Suicide rates are higher among those who are male, non-Hispanic white, American Indian/Alaska Native, middle-aged, and veterans.<sup>3</sup> Sexual minority youth (i.e., those who identify as lesbian, gay, bisexual, transgender, or queer) show higher rates of suicidal ideation and suicide attempts.<sup>5</sup> Suicide is a response to multiple internal (e.g., depression, substance abuse) and external factors (e.g., lack of social support, financial stress) indicating the need to intervene through the health care system.<sup>6</sup>

### Aim

To develop implementable standards integrating suicide prevention, assessment, management, treatment, and supporting suicide loss survivors into clinical care pathways.

### Purpose

To propose evidence-based recommendations for in- and outpatient care including care transitions, behavioral health, and specialty care for suicide to the full Bree Collaborative on:

- Comprehensive prevention.
- Assessment and recognizing risk factors.
- Crisis response planning, management, and treatment of suicide risk.
- Follow-up and support after a suicide attempt and/or support for suicide loss survivors after a death.
- Addressing barriers to integrating recommendations.
- Implementation pathway(s) with process and patient outcome metrics.
- Identifying other areas of focus or modifying areas, as needed.

### Duties & Functions

The Suicide Prevention workgroup will:

- Research evidence-based and expert-opinion informed guidelines and best practices (emerging and established).
- Consult relevant professional associations and other stakeholder organizations and subject matter experts for feedback, as appropriate.
- Meet for approximately nine months, as needed.
- Provide updates at Bree Collaborative meetings.
- Post draft report(s) on the Bree Collaborative website for public comment prior to sending report to the Bree Collaborative for approval and adoption.

<sup>1</sup> American Association of Suicidology. USA Suicide 2016; Final Data File. Accessed: February 2018. Available:

[www.suicidology.org/Portals/14/docs/Resources/FactSheets/2016/2016datapgs1b.pdf?ver=2018-01-15-211057-387](http://www.suicidology.org/Portals/14/docs/Resources/FactSheets/2016/2016datapgs1b.pdf?ver=2018-01-15-211057-387)

<sup>2</sup> Kochanek KD, Murphy SL, Xu J, Arias E. Mortality in the United States, 2016. NCHS Data Brief No. 293. December 2017. Available: [www.cdc.gov/nchs/data/databriefs/db293.pdf](http://www.cdc.gov/nchs/data/databriefs/db293.pdf)

<sup>3</sup> Murphy SL, Xu J, Kochanek KD, Curtin SC, Arias E.. Deaths: Final Data for 2015. Centers for Disease Control and Prevention. National Vital Statistics Reports. Volume 65, Number 4. June 30, 2016. Available: [www.cdc.gov/nchs/data/nvsr/nvsr66/nvsr66\\_06.pdf](http://www.cdc.gov/nchs/data/nvsr/nvsr66/nvsr66_06.pdf).

<sup>4</sup> Cerel J, Maple M, van de Venne J, Moore M, Flaherty C, Brown M. Exposure to Suicide in the Community: Prevalence and Correlates in One U.S. State. Public Health Reports. 2016;131(1):100-107.

<sup>5</sup> Stone DM, Luo F, Ouyang L, Lippy C, Hertz MF, Crosby AE. Sexual orientation and suicide ideation, plans, attempts, and medically serious attempts: evidence from local Youth Risk Behavior Surveys, 2001-2009. Am J Public Health. 2014;104(2):262-271.

<sup>6</sup> Stone D, Holland K, Bartholow B, Crosby A, Davis S, Wilkins N. Preventing Suicide: A Technical Package of Policy, Programs, and Practices. 2017. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. Available: [www.cdc.gov/violenceprevention/pdf/suicidetechnicalpackage.pdf](http://www.cdc.gov/violenceprevention/pdf/suicidetechnicalpackage.pdf).

- Present findings and recommendations in a report.
- Recommend data-driven and practical implementation strategies.
- Create and oversee subsequent subgroups to help carry out the work, as needed.
- Revise this charter as necessary based on scope of work.

## Structure

The workgroup will consist of individuals confirmed by Bree Collaborative members or appointed by the chair of the Bree Collaborative or the workgroup chair.

The chair of the workgroup will be appointed by the chair of the Bree Collaborative.

The Bree Collaborative program director will staff and provide management and support services for the workgroup.

Less than the full workgroup may convene to: gather and discuss information; conduct research; analyze relevant issues and facts; or draft recommendations for the deliberation of the full workgroup. A quorum shall be a simple majority and shall be required to accept and approve recommendations to send to the Bree Collaborative.

## Meetings

The workgroup will hold meetings as necessary. The program director will conduct meetings along with the chair, arrange for the recording of each meeting, and distribute meeting agendas and other materials prior to each meeting. Additional workgroup members to be added at the discretion of the chair.

Name	Title	Organization
Hugh Straley, MD (chair)	Chair	Bree Collaborative
Kate Comtois, PhD, MSW	Psychologist	Harborview Medical Center
Karen Hye, PsyD	Clinical Psychologist	CHI Franciscan Health
Matthew Layton, MD, PhD, FACP, DFAPA	Clinical Professor, Department of Medical Education and Clinical Sciences	Elson S. Floyd College of Medicine, Washington State University
Neetha Mony, MSW	Statewide Suicide Prevention Plan Program Manager	Washington State Department of Health
Julie Richards, MPH	Research Associate	Kaiser Permanente Washington Health Research Institute
Julie Rickard, PhD	Physician & Healthcare Consultant	Confluence Health
Jennifer Stuber, PhD	Associate Professor	University of Washington School of Social Work
Jeffrey Sung, MD	Member	Washington State Psychiatric Association