

Four Cycles

- Established by the State Legislature
- Goal to improve quality, health outcomes, and cost-effectiveness of care in Washington State
- Bring together member clinicians, Washington State agencies, hospitals, health care systems, health insurance plans, and quality improvement organizations
- Select health care topics every year and develop evidence-based recommendations by convening workgroups of clinical experts, administrative experts, patients, and others
- Recommendations guide health care purchasing for Washington State agencies and set a community standard of care.

Why bundled payments?

The majority of health care payments are for number of services provided rather than quality of care or per person or per episode of care. Bundled payments tie reimbursement to an entire episode of care while the warranty includes no reimbursement for complications resulting from poor care. We chose to first focus on knee and hip replacements due to the high volume of these procedures and the high variability in how the procedures are performed.

Our Bundled Payment Model and Warranty:

Impairment Due to	Prior to surgery, clearly documented impairment and evidence of osteoarthritis
Osteoarthritis	according to standardized radiographic criteria. Unless highly disabling osteoarthritis
Despite Non-	is evident at the time the patient first seeks medical attention, a trial of conservative
Surgical Therapy	therapy is appropriate. This includes documenting:
	Impairment
	Radiological findings
	Shared decision-making
	 Conservative therapy for at least three months unless symptoms are severe and
	x-ray findings show advanced osteoarthritis
	 Failure of non-surgical therapy
Fitness for Surgery	Patient meets minimal standards to ensure safety and commitment to participate
	actively in return to function. If patient does not meet fitness for surgery standards,
	case should be discussed in a multidisciplinary conference with members relevant to
	the standard in question as chosen by the care team. This includes documenting:
	 Requirements related to patient safety
	Patient engagement
	 Optimal preparation for surgery
Repair of the	 General standards for a surgical team performing total joint replacement surgery
Osteoarthritic Joint	 Elements of optimal surgical process
-	 Selection of the surgical implant
Post-Operative Care	 Standard process for post-operative care
and Return to	 Use standardized hospital discharge process aligned with Washington State
Function	Hospital Association toolkit
	Arrange home health services
	Schedule follow up appointments

 Quality standards: appropriateness, evidence-based surgery, ensuring rapid return to function, the patient care experience, and patient safety and affordability.

 Warranty: purchaser will not provide reimbursement for readmission for avoidable complications within the risk windows specified at 7, 30, and 90 days.