Bree Collaborative | Maternity Care Bundled Payment Model Workgroup February 14th, 2019 | 8:00-9:30 Foundation for Health Care Quality

Members Present

Carl Olden,* MD, Family Physician, Pacific Crest Family Medicine (Chair)
Anaya Balter,* RN, CNM, MSN, MBA, Clinical Director for Women's Health, Washington State Health Care Authority
Francie Chalmers,* MD, Pediatrician, Member, Washington Chapter of the America Academy of Pediatrics Midwives Association of Washington
Andrew Castrodale,* MD
Molly Firth, MPH, Patient Advocate

Staff and Members of the Public

Kelsey Brewer JD Fischer,* Washington State Health Care Authority Rosie Fitzgibbon Ellen Kauffman,* MD, OBCOAP Sophie Miller Alicia Parris, Bree Collaborative Rita Hsu,* MD, FACOG, Obstetrics and Gynecology, Confluence Health Janine Reisinger,* MPH, Director, Maternal-Infant Health Initiatives, Washington State Hospital Association Dale Reisner,* MD, Obstetrics and Gynecology, Swedish Medical Center Mark Schemmel,* MD, Obstetrics and Gynecology, Spokane Obstetrics and Gynecology, Providence Health and Services

Debra Pennington, Fusion5 Allison Weaver,* Upstream USA Mandy Weeks-Green Ginny Weir, MPH, Bree Collaborative David Willis, MD, Perigee Fund Judy Zerzan, MD, Chief Medical Officer, Washington State Health Care Authority

* By phone/web conference

INTRODUCTIONS AND APPROVAL OF MINUTES

Carl Olden, MD, Family Physician, Pacific Crest Family Medicine (Chair), and Ginny Weir, MPH, Bree Collaborative, opened the meeting and those present introduced themselves.

Motion: Approve 1/8/2019 Minutes with noted changes *Outcome:* Passed with unanimous support.

REVIEW OF EXISTING BUNDLED PAYMENT MODELS AND DEFINING PRELIMINARY SCOPE

Group viewed the Health Care Transformation Task Force's presentation "High Value Maternity Care Presentation" and discussed possible scope of bundle:

- Episode payment
- Previous bundled payment models by the Bree
 - Four cycles of bundled payment models
 - Previous bundles have covered low risk people
- Judy Zerzan, MD, Chief Medical Officer, Washington State Health Care Authority, asked how to advance existing Medicaid bundled payments to:
 - o Improve outcomes
 - improve care for babies
 - Preventing unplanned pregnancy

- Anaya Balter, RN, CNM, MSN, MBA, Clinical Director for Women's Health, Washington State Health Care Authority, pointed out the need for appropriate performance measures
- Possibility of separate tiers for different risk levels
 - Bundle specifically for substance use
 - Pre and post payments based on outcomes
 - Possibility of a basic plan with modifiers for high risk
 - Importance to retain flexibility within bundle to allow providers to use evidence based measures that best for their population
 - Mandating certain things such as more than a single post-partum visit
 - Retaining flexibility for patient preference
- Ellen Kauffman, MD, OBCOAP noted that the LAN paper had many exclusions
 - Dale Reisner, MD, Obstetrics and Gynecology, Swedish Medical Center asked group if bundle would apply only to low risk patients or everyone
 - Molly Firth, MPH, Patient Advocate, suggested a bundle focused on low risk patients may exclude too many and not have an impact
- Dr. Reisner suggested existing bundle does not facilitate creative or innovative prenatal care such as:
 - Access to group visits at key points
- David Willis, Perigee Fund, suggested addressing maternal depression, which is widespread and a major social determinant
- Dr. Olden mentioned the need for funding for implementation and standardization of best practices across the state
 - Significant variation across low risk pregnancies and significant waste
- Group discussed challenge of identifying persons at risk for maternal mortality
 - Typically "low risk" individuals
 - \circ $\;$ Best way to prevent mortality is to reduce low risk variation
- Dr. Zerzan emphasized the need for more focus on the infant/child
- Dr. Willis emphasized the importance of home visits
- Andrew Castrodale, MD, mentioned distance traveled as a risk factor
- Resources for providers
 - Provider access line (PAL Line)
 - Perinatal psychiatric database
- Extending post-partum care for mom and baby

NEXT STEPS AND PUBLIC COMMENTS

Carl Olden and Ginny Weir asked for final comments and thanked all for attending. The meeting adjourned.