Bree Collaborative | 2021 Topic Selection Worksheet

Washington State population: 7.5 million, 50.1% female, median age 37.7 69.3% White, 12.4% Hispanic, and 8.11% Asian. 19.3% speak non-English language, 92.6% U.S. citizens Source: WA OFM

		Must have one of these four				Must have	Must have
Topic	*Population Impacted*	*Variation*	*Patient Safety*	*Cost*	*Equity*	*Proven Impact Strategy*	*Data Available*
Annual cardiac screening	416,225 ppl	25-35% wasteful Source: WHA	Risks with screening	$76.3 million Source: WHA	Gap by coverage	Guidelines exist	Washington Health Alliance (WHA)
Asthma	~600,000 ppl (1/12 people) Source: DOH	• WHA Asthma medication ratio ○ Commercial: 71% ○ Medicaid: 49% • WHA Hospitalization COPD/asthma rate ○ Commercial: 41.2/100,000 ○ Medicaid: 168/100,000	5,000 hospitalizations 100 deaths annually Source: DOH	Impacts total cost of care, work missed ~ $3266/person Source: CDC	AIAN asthma rates double Source: DOH	Self-management skills Home visit models Source: DOH	Washington Health Alliance WA Department of Health
Co-occurring substance abuse and mental health	~250,000 ppl Source: SAMHSA	Variation in accessibility of treatment, especially in integrated intervention	Having a dual diagnosis increases severity, prevalence of early mortality + morbidity	Huge impact on quality of life, productivity	Differences by race in diagnosis and treatment	Validated screening tools Best treatment for dual diagnosis is integrated intervention Source: NAMI	National Survey on Drug Use and Health Alcohol and Drug Abuse Institute, UW
Adverse Childhood Experiences (ACEs)	~61% of adults had experienced at least one type of ACE, 1 in 6 reported experienced four +	Variation in pediatric screening	Associated with multiple chronic diseases	Economic and social costs to families, communities, and society billions + annually	Women and several racial/ethnic minority groups at greater risk for 4 + ACEs	Foster resilience – CDC lists interventions here	Behavioral Risk Factor Surveillance System (BRFSS)