



LGBTQ Health Care Report & Recommendation CHECKLIST



3 FOCUS AREAS

Communication, Language, and Inclusive Environments

- Normalize open conversations about patient's preferred pronouns, name, sexual preferences, and gender identity
- Update patient forms and EHR system to accurately reflect patient preferences throughout patient care
- Normalize use of non-stigmatizing terms (e.g. chest tissue instead of breast tissue for trans male patients)
- Use of images with diverse patients on marketing materials (e.g., images of same-sex families)
- Onsite gender-neutral restrooms
- Staff badges reflect preferred pronouns
- Non-discrimination training for staff on appropriate use of pronouns and other respectful behavior (e.g., not questioning bathroom choice of patients or other staff members who are not gender conforming)

Screening and Taking a Social and Sexual History

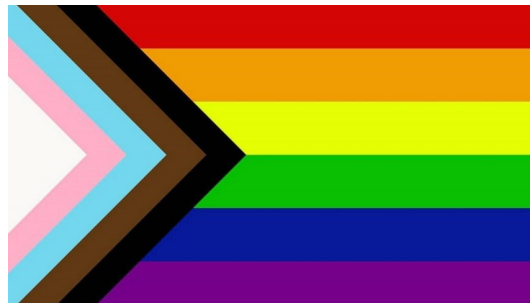
- Integrated care that includes routine screening with the use of a validated tool for behavioral health concerns including depression, suicidality, anxiety, alcohol misuse, and drug use (by specific type as relevant to risk); intimate partner violence; and tobacco use
- Clear clinical protocols for taking a sexual history appropriate to the location and patient population that includes gender of sexual partners in last 12 months (men, women, both men and women, and/or other/non-binary, or none); types of sex oral (vaginal, insertive and receptive anal); STI history, and any patient concerns on STIs
- Staff training on taking a sexual history in a non-judgmental manner that clearly explains to the patient the reasons for asking about sexual history
- EHR has queryable data fields indicating the sex or gender of patient and sex partners to allow for identification of patients who are at a higher risk of STIs and HIV

Areas Requiring LGBTQ-Specific Standards and Systems of Care*

- Clear tracking and follow-up process for patients with identified behavioral health needs
- HIV pre-exposure prophylaxis based on risk assessment and/or clear referral process for PrEP and HIV treatment if unavailable onsite
- STI and HIV screening for men who have sex with men and transgender persons following the [Washington State Sexually Transmitted Diseases screening guidelines](#)
- Cervical and breast cancer screening for patients with cervical and breast tissue, and prostate cancer screening for transgender women for whom screening would be appropriate
- Immunize all patients through age 26 for human papillomavirus (HPV); monitor for changes to this recommendation from national organizations
- Hormonal therapy, surgical care, and other services for gender minority depending on patient preference
- Institute quality improvement mechanisms that assure essential data elements related to gender affirming care are being captured, and are used as the basis of improving care outcomes for LGBTQ persons
- Include members of the LGBTQ community on patient advisory committees and governing bodies

**Health care systems should establish referral networks to provide these services when they cannot be provided within a practice*

Additional LGBTQ Resources



Human Rights Campaign: Family Inclusive Language/Glossary of Terms

<https://www.hrc.org/resources/glossary-of-terms>

National Center for Transgender Equality: Transgender Terminology

https://www.nawj.org/uploads/files/annual_conference/session_materials/transgender/transgender_terminology-ncte.pdf

The Q Card: Empowering Queer Youth in Healthcare

<http://www.qcardproject.com/>

National LGBT Health Education Center: Collecting Sexual Orientation and Gender Identity Data in Electronic Health Records

<https://www.lgbtqiahealtheducation.org/wp-content/uploads/Collecting-Sexual-Orientation-and-Gender-Identity-Data-in-EHRs-2016.pdf>

National LGBT Health Education Center: Creating an Inclusive Environment for LGBT Patients

<https://www.lgbtqiahealtheducation.org/wp-content/uploads/2017/08/Forms-and-Policy-Brief.pdf>

Additional Bree Collaborative Resources

Bree Collaborative LGBTQ Health Care Report and Recommendations

<https://www.qualityhealth.org/bree/wp-content/uploads/sites/8/2020/06/LGBTQ-health-care-recommendations-Final-20-06.pdf>

Bree Collaborative Prostate Cancer Screening Report and Recommendations

<https://www.qualityhealth.org/bree/wp-content/uploads/sites/8/2015/11/Prostate-Cancer-Recommendations-Final-15-11.pdf>

Bree Collaborative Behavioral Health Integration Report and Recommendations

<https://www.qualityhealth.org/bree/wp-content/uploads/sites/8/2020/01/Behavioral-Health-Integration-Final-Recommendations-2017-03.pdf>