

Bree Collaborative | 2021 Topic Selection Worksheet

Washington State population: 7.5 million, 50.1% female, median age 37.7 69.3% White, 12.4% Hispanic, and 8.11% Asian. 19.3% speak non-English language, 92.6% U.S. citizens [Source: WA OFM](#)

Topic	Population Impacted	Must have one of these four				Must have	Must have
		Variation	Patient Safety	Cost	Equity	Proven Impact Strategy	Data Available
Cardiac screening	416,225 ppl	25-35% wasteful Source: WHA	Risks with screening	\$76.3 million Source: WHA	Gap by coverage	Guidelines exist	Washington Health Alliance (WHA)
Asthma	~600,000 ppl (1/12 people) Source: DOH	<ul style="list-style-type: none"> WHA Asthma medication ratio <ul style="list-style-type: none"> Commercial: 71% Medicaid: 49% WHA Hospitalization COPD/asthma rate <ul style="list-style-type: none"> Commercial: 41.2/100,000 Medicaid: 168/100,000 	5,000 hospitalizations 100 deaths annually Source: DOH	Impacts total cost of care, work missed ~ \$3266/person Source: CDC	AIAN asthma rates double Source: DOH	Self-management skills Home visit models Source: DOH	Washington Health Alliance WA Department of Health
Co-occurring substance abuse and mental health	~250,000 ppl Source: SAMHSA	Variation in accessibility of treatment, especially in integrated intervention	Having a dual diagnosis increases severity, prevalence of early mortality + morbidity	Huge impact on quality of life, productivity	Differences by race in diagnosis and treatment	Validated screening tools Best treatment for dual diagnosis is integrated intervention NAMI	National Survey on Drug Use and Health Alcohol and Drug Abuse Institute, UW
Adverse Childhood Experiences (ACEs)	~61% of adults had experienced at least one type of ACE, 1/6 experienced 4 +	Variation in pediatric screening	Associated with multiple chronic diseases	Economic and social costs over billion annually	Women and racial/ethnic minority groups at greater risk for 4 +	Foster resilience – CDC lists interventions here	Behavioral Risk Factor Surveillance System (BRFSS)
Weight Management	In 2016, about 29 percent of Washington adults were obese. DOH	Much variation in interventions	Associated with many comorbidities	Economic and social costs	Higher rates for those with lower income and lower education DOH	Multiple strategies exist, high level of evidence	Healthy Youth Survey
Hepatitis C (HCV)	WA state pays for 4000 ppl/annually for HCV treatment	Variation in screening + access to treatment	Downstream health impacts	High drug cost	Higher by yr born, incarcerated, drug users, living with HIC, African Americans and Native Americans	2018: Gov. Inslee unveiled first-in-nation approach to eliminate hepatitis C in WA by 2030 Many guidelines: HCV Guidance	Claims
Breast Cancer Screening	Impacts 1/8 women	High rates of screening in WHA community checkup with some variation by payer	Potentially	Potentially	Variation in stage at diagnosis by race and ethnicity	USPSTF Screening for Breast Cancer being updated	WHA