

## Work sheet

### Bree work group on total joint replacement, September 3, 2021

1. Individual review of full working draft of bundle including introduction. Bring attention to defects in draft to meeting.

2. Individual review of full evidence table, particularly citations 187-200 related to same-day discharge. Bring attention to defects in draft to meeting.

3. Main Topic: same day discharge

Goal: Decide on specific language regarding this item.

At our August 6 meeting, we found the statement of the Hospital for Special Surgery (HSS) appealing as a general statement of standards for considering same-day discharge. Text from HSS includes:

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The benefits of this surgery are lower risk of infection, quicker return to normal activities, and a more comfortable recovery at home.

Patients who are in good general health, do not smoke, are motivated and have a good support team at home are the best candidates. Three specific standards include patients:

- aged between 18 and 70,
- who are generally healthy with no history of significant medical conditions,
- who will have support at home from a family member or care companion after discharge.

[https://www.hss.edu/conditions\\_outpatient-hip-replacement-surgery.asp](https://www.hss.edu/conditions_outpatient-hip-replacement-surgery.asp)

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Proposed addition as free-standing paragraph below section IV/D):

#### **Same-day discharge**

With proper patient selection and support, same-day discharge following joint replacement has become an option. Same-day discharge following total joint replacement should be considered for carefully selected younger, motivated patients with no significant medical conditions.

Same-day discharge may reduce the likelihood of infection, facilitate more rapid recovery, provide a more comfortable environment, and avoid unnecessary cost when compared to hospital care. When appropriate, providers should allow and facilitate same-day discharge for such individuals.

Specific standards for same-day discharge includes:

1. Absence of significant risk factors listed in the Fitness for Surgery section of this document,
2. Patient has agreed to same-day surgery through the Shared Decision-making process,

3. Patient has engaged a capable personal care partner who has met Bree requirements and who will be on-site with the patient the night following discharge, and

4. Patient is discharged to a home environment that is both safe and provides adequate support including assistive devices.

The decision regarding timing of discharge resides with the clinical team and the patient. The patient and care team have the option of modifying the timing of discharge based on the patient's clinical course and preferences.

Reimbursement for same-day surgery may be subject to contracted terms which acknowledge the lower costs of medical resources associated with a reduced length of stay.