

Appendix K: Postpartum 4-12 Per-Member-Per-Month

A per-member-per-month payment starting at 85 days (4 months) postpartum through 365 days (12 months) postpartum. This model allows for different accountable entities in the bundle vs PMPM periods, those who enter or leave the state within the postpartum period, and in managing the pregnancy and immediate postpartum period vs the more chronic health needs within the first year. acute vs. chronic health needs of the population.

We encourage the outreach and care coordination components to be provided by the health plan in coordination with the provider and care team.

Timeline: 85 days through 365 days postpartum

Accountable entity: Determined through contracting

Services

- **Initial outreach.** At the start of the model, four months postpartum.
At transfer of care/initiation of model, or if new entry into model, site reaches out to gestational parent to schedule phone or in-person visit.
 - Review problem list from perinatal bundle including cardiovascular health, gestational diabetes, pelvic floor health, and any other issues the patient requests.
 - Screen for depression, anxiety, suicidality, and tobacco, marijuana, alcohol, and/or other drug use at intake and at each visit using a validated instrument(s).
 - Social needs including housing, food security, transportation.
- **Midpoint outreach.** Between six and ten months postpartum.
Screen for:
 - Behavioral health: depression, anxiety, suicidality, and tobacco, marijuana, alcohol, and/or other drug use at intake and at each visit using a validated instrument(s).
 - Social needs: including housing, food security, transportation.
- **Final outreach.** At eleven months postpartum.
Screen for:
 - Behavioral health: depression, anxiety, suicidality, and tobacco, marijuana, alcohol, and/or other drug use at intake and at each visit using a validated instrument(s).
 - Social needs: including housing, food security, transportation.

Quality Metrics

- **Information exchanged with other perinatal providers**
Developed by the workgroup. Percentage of gestational parents with documented information exchanged with the provider(s) of the first part of the perinatal bundle.
- **Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FUA-HH)**
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