Dr. Robert Bree Collaborative Meeting Minutes
July 27th, 2022 | 1:00-3:00
Held Virtually

Members Present
Hugh Straley, MD, Bree Collaborative (Chair)
Susie Dade, MS, Patient Representative
Colleen Daly, PhD, Microsoft
DC Dugdale, MD, MS, University of Washington
Noris Kamo, MD, MPP, Virginia Mason Franciscan Medical Center
Sharon Eloranta, MD, Washington Health Alliance
Gary Franklin, MD, Washington State Department of Labor and Industries
Stuart Freed, MD, Confluence Health
Mark Haugen, MD, Walla Walla Clinic
Darcy Jaffe, MN, ARNP, FACHE, Washington State Hospital Association
Greg Marchand, The Boeing Company
Kimberly Moore, MD, Franciscan Health System
Carl Olden, MD, Pacific Crest Family Medicine
Drew Oliveira, MD, Regence
Mary Kay O’Neill, MD, MBA, Mercer
Kevin Pieper, MD, MHA, Kadlec Regional Medical
Judy Zerzan, MD, MPH, Washington State Health Care Authority

Members Absent
Susane Quistgaard, MD, Premera Blue Cross

Staff and Members of the Public
Ginny Weir, MPH, FHCQ
Rose Bigham
Aviva Horowitz
Barb Jones, OIC
Luis Padilla
Kristin Villas, WAHBE
Jackie Barry, APTA Washington
Shelby Wiedmann, WSMA
Christopher Chen, MD, Health Care Authority
Emily Transue, MD, Health Care Authority
Summer D.
Leah Hole-Marshall, JD, WA-HBE
Amelina Kassa, FHCQ
Amy Florence, Premera
Angie Sparks, MD, UnitedHealthcare
Brad Kramer, MPH, PhDc, Public Health

All meeting materials are posted on the Bree Collaborative’s website, here, under previous meetings.

WELCOME AND INTRODUCTIONS: COVID-19
Hugh Straley, MD, Bree Collaborative Chair opens the meeting by asking group members to provide updates on COVID-19. Members discussed the lack of a huge COVID spike in hospitals, the census is high and patients have been difficult to discharge. Health plans are partnering with hospitals and the Health Care Authority around discharge including medical respite.

Motion: Approve the May 25, Meeting Minutes
Outcome: Passed with unanimous support

FINAL ADOPTION: OPIOID PRESCRIBING IN OLDER ADULTS
Gary Franklin, MD, Washington State Department of Labor and Industries reminded members the workgroup has been developing these guidelines for over a year and a half and is hoping to get final approval. Dr. Franklin summarized the purpose and problem, that older adults are more likely to experience adverse drug reactions, falls and fractures, or ED visits, hospitalizations, and deaths. Older adults have unique challenges for assessment and management including age-related changes in pain perception and thresholds, responses to medication, comorbidities, psychosocial concerns, and lack of care coordination. The Guideline focus areas include: acute prescribing, co-prescribing with opioids, non-opioid pharmacologic pain management, non-pharmacologic pain
management, intermittent opioid therapy, and tapering/deprescribing in this population. The majority of public comments were minor, but there were important public comments received pertaining to non-pharm pain management language. For Health Systems recommendations were amended to “Provide adequate access to evidence-based nonpharmacologic modalities to manage pain,” “ensure comprehensive medication review is CMS authorized” and “provide prescription and OTC topical pain medication.” Workgroup member Rose Bigham shared her concern that providers will immediately decrease or not initiate opioids in favor of alternative therapies that are difficult to access or not covered by insurance. Members discussed the need to incent funding changes.

*Motion:* Motion to approve the final draft  
*Outcome:* Passed with unanimous support

**DISSEMINATION FOR PUBLIC COMMENT: INFECTION CONTROL**

Mark Haugen, MD, Physician, Walla Walla Clinic discussed the outpatient infection control focus areas, which include preventative measures; monitoring/surveillance; minimizing exposure; the environment of care; sterilization and high-level disinfection; and community spread for outpatient health systems. Recommendations are targeted by audience including outpatient health systems; employers; plans; public health systems; and patients. Dr. Haugen presented abbreviated recommendations for each audience and focus area. Members discussed application of the guidance in a peri-Covid world and how to ensure equity in infection prevention and control practices.

*Motion:* Adopt for public comment  
*Outcome:* Passed with unanimous support

**DISCUSSION: NEW TOPICS**

Ginny Weir, MPH, FHCQ walked members through the new topic selection process. Ms. Weir reminded members of the selection framework: new topics may have a population impact, high variation, patient safety concerns, high cost, or inequitable; and new topics must have an impact strategy and evidence base even if these are imperfect. Ms. Weir reviewed the new topics survey sent to the public in which hospital admissions received the most votes, followed by addiction and behavioral health, perinatal bundle, obstetrics, and suicide care. Members discussed new innovations in medication-based management for obesity, climate change and health, maternal mental health, gender-affirming care, and optimizing telehealth. Members discussed pros and cons of the proposed topics and ranked the topics for future discussion at the September Bree meeting. The results of the topic rankings are depicted in the image to the right.

The top eight will be scoped out and presented at the following meeting.

**NEXT STEPS AND CLOSING COMMENTS**

Dr. Hugh Straley thanked those who presented and closed the meeting.