

**Bree Collaborative**

Potential Topic Briefs 2023 | Updated: September 2022

Potential Topic	Problem Statement	Product/Scope	Potential Partners
<b>Hospital Readmissions</b>	<ul style="list-style-type: none"> <li>○ Hospital readmissions associated with unfavorable patient outcomes and high costs.</li> <li>○ In 2015, the Washington Health Alliance found that Washington’s readmission rate for the commercially insured was 8.7%, higher (worse) than NCQA’s 90<sup>th</sup> percentile rate and the national 50<sup>th</sup> percentile performance.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review and update the Bree’s “Potentially Avoidable Hospital Readmissions Report and Recommendations” from January 2014</li> </ul>	<ul style="list-style-type: none"> <li>○ WSHA</li> <li>○ WHA</li> </ul>
<b>Difficult to Discharge</b>	<ul style="list-style-type: none"> <li>○ Discharging patients to an appropriate and safe environment can be complicated by physical and behavioral health concerns or social needs. Solutions require coordination and collaboration across health care and social sector agencies.</li> <li>○ In 2019 the HCA and DSHS described difficulty to discharge due to a shortage of beds, lack of coordination with insurance, low reimbursement rates, and staffing shortages. COVID-19 has exacerbated several of these issues.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review the 2019 “Practices for Patients Who Are Difficult to Discharge” report to the House Health Care &amp; Wellness Committee.</li> <li>○ Review the Bree’s 2014 “Potentially Avoidable Hospital Readmission” report</li> <li>○ Draft additional recommendations to facilitate discharge planning.</li> </ul>	<ul style="list-style-type: none"> <li>○ HCA</li> <li>○ DSHS</li> <li>○ DOH</li> </ul>
<b>Weight Inclusive Health</b>	<ul style="list-style-type: none"> <li>○ Stigma and discrimination toward those with higher body mass leads to detrimental psychological and physical health. Research shows provider obesity bias results in lower quality of care.</li> <li>○ Weight-inclusive health views health and well-being as multifaceted and directs efforts toward health access and reducing weight stigma.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review existing recommendations for weight-normative care and offer recommendations to make existing programs less stigmatizing.</li> <li>○ Review Bree Bariatric bundle.</li> </ul>	<ul style="list-style-type: none"> <li>○ WSMA</li> <li>○ UW</li> </ul>
<b>Perinatal/ Maternal Mental Health</b>	<ul style="list-style-type: none"> <li>○ Perinatal mood and anxiety disorders are among the most common complications that occur in pregnancy or in the first 12 months after delivery.</li> <li>○ There are lingering gaps in insurance coverage for behavioral health prevention and treatment, as well as barriers to access due to stigma and bias.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review the Bree’s 2021 Perinatal Bundle and add new recommendations to improve care for perinatal/maternal mental health.</li> </ul>	<ul style="list-style-type: none"> <li>○ DOH Washington State Perinatal Collaborative</li> <li>○ OB COAP</li> <li>○ WSHA</li> </ul>

**Bree Collaborative**

Potential Topic Briefs 2023 | Updated: September 2022

<p><b>Lung Cancer Prevention/Tobacco Use</b></p>	<ul style="list-style-type: none"> <li>○ According to IHME, tobacco use is the #1 risk factor driving death and disability and lung cancer is the second leading cause of death in Washington state.</li> <li>○ According to the American Lung Association, WA state receives an “F” in funding for tobacco prevention and cessation services.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review recommendations from USPSTF on lung cancer screening.</li> <li>○ Identify best practices for smoking cessation interventions.</li> </ul>	<ul style="list-style-type: none"> <li>○ DOH</li> </ul>
<p><b>Bariatric Surgery</b></p>	<ul style="list-style-type: none"> <li>○ The American Society for Metabolic and Bariatric Surgery estimates that 228,000 people in the US underwent a weight loss operation in 2017.</li> <li>○ In 2015, after a review of evidence, the Health Care Authority determined bariatric surgery to be a “covered benefit with conditions.”</li> </ul>	<ul style="list-style-type: none"> <li>○ Review and update the Bree’s 2016 Bariatric Surgery Bundle and Warranty</li> <li>○ Review the HCA’s Bariatric Surgery report from 2015.</li> </ul>	<ul style="list-style-type: none"> <li>○ WHA</li> <li>○ HCA</li> </ul>
<p><b>Climate Change</b></p>	<ul style="list-style-type: none"> <li>○ The potential effects of climate change on human health include higher rates of respiratory and heat-related illness, increased prevalence of vector-borne and waterborne diseases, food and water insecurity, and malnutrition.</li> <li>○ According to the WHO, between 2030 and 2050 climate change is expected to cause approximately 250,000 additional deaths per year.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review the effects of climate change on human health.</li> <li>○ Review best practices for clinical and public health strategies for climate mitigation and adaption.</li> </ul>	<ul style="list-style-type: none"> <li>○ HCA</li> <li>○ WSMA</li> </ul>
<p><b>Diabetes</b></p>	<ul style="list-style-type: none"> <li>○ Diabetes mellitus (DM) affects an estimated 29.1 million people in the United States and is the 7<sup>th</sup> leading cause of death.</li> <li>○ Approximately 582,000 people in Washington, or 9.7% of the adult population, have diabetes with an estimated additional 164,000 people in Washington living with undiagnosed diabetes.</li> </ul>	<ul style="list-style-type: none"> <li>○ Review clinical practice guidelines for diabetes management.</li> <li>○ Offer recommendations for chronic disease management and payment strategies diabetes care.</li> </ul>	<ul style="list-style-type: none"> <li>○ DOH</li> <li>○ HCA</li> <li>○ WHA</li> </ul>