# Dr. Robert Bree Collaborative Meeting Minutes January 25<sup>th</sup>, 2023 | 1:00-3:00 Held Virtually

# **Members Present**

Hugh Straley, MD, Bree Collaborative (Chair)
Angie Sparks, MD, UnitedHealthcare
Colleen Daly, PhD, Microsoft
Darcy Jaffe, MN, ARNP, FACHE, Washington State
Hospital Association
DC Dugdale, MD, MS, University of Washington
Sharon Eloranta, MD, Washington Health Alliance
Colin Fields, MD, Kaiser Permanente
Gary Franklin, MD, Washington State Department
of Labor and Industries

Norifumi Kamo, MD, MPP, Virginia Mason
Franciscan Medical Center
Mark Haugen, MD, Physician, Walla Walla Clinic
Kimberly Moore, MD, Franciscan Health System
Carl Olden, MD, Pacific Crest Family Medicine
Kevin Pieper, MD, MHA, Kadlec Regional Medical
Susane Quistgaard, MD Premera Blue Cross
Judy Zerzan-Thule, MD, MPH, Washington State
Health Care Authority

### **Members Absent**

Susie Dade, MS, Patient Representative Greg Marchand, The Boeing Company

Mary Kay O'Neill, MD, MBA, Mercer

#### Staff, Members of the Public

Nicholas Locke, MPH, FHCQ Karie Nicholas, MA, GC, FHCQ Emily Robson, RN, DNP, FHCQ Ginny Weir, MPH, FHCQ

Meeting materials are posted on the Bree Collaborative's website, here, under previous meetings.

# WELCOME, INTRODUCTIONS, COVID-19 UPDATE

Hugh Straley, MD, Bree Collaborative Chair opened the meeting. Dr. Straley invited updates about the COVID-19 pandemic at member organizations.

Dr. Straley welcomed three new members who have submitted applications to join the Bree.

- Dr. Patricia Egwuatu, Washington Osteopathic Medical Association
- Dr. Jason Lake, Confluence
- Dr. Nicole Saint Clair, Regence

**Motion:** Approve November Meeting Minutes **Outcome:** Passed with unanimous support

### FINAL ADOPTION: PEDIATRIC ASTHMA

Nick Locke, MPH, Foundation for Health Care Quality, reviewed the Pediatric Asthma Guidelines after public comment. Mr. Locke walked through the few public comments that were submitted as well as final comments from workgroup members. Two main changes concerned spacer availability and evidence for virtual homebased visits. Public commenters requested additional clarity regarding spacer coverage, and workgroup members requested additional research on the efficacy of virtual home-based visits.

Bree members discussed the proposed changes to spacer availability (cover at least four spacers annually). Due to a lack of existing evidence and a desire to avoid excess spacers, the recommendation was lowered to two spacers annually. Following this change, Bree members voted to adopt the final report.

**Motion:** Adopt final Pediatric Asthma report **Outcome:** Adopted with unanimous support

# **NEW TOPIC: DIFFICULT TO DISCHARGE**

Darcy Jaffe, MN, Washington State Hospital Association, presented on the new difficult to discharge workgroup. Ms. Jaffe serves as the workgroup chair and has worked to actively recruit members from hospitals and post-acute care facilities around the state. At the first meeting, the Difficult to Discharge workgroup brainstormed existing barriers to discharge and future opportunities for impact. Members agreed that it is important to avoid duplicating efforts from the Health Care Authority, MCOs, and others, and to focus on actionable steps that can foster alignment. The workgroup did not finalize their charter in January. The Bree will vote to adopt the Difficult to Discharge charter in March.

#### **NEW TOPIC: DIABETES CARE**

Mr. Locke presented on the Bree's new diabetes care workgroup. Norris Kamo, MD, MPP, Virginia Mason, serves as the workgroup chair but was unable to attend. Mr. Locke shared the groups initial thoughts and highlighted the workgroup's decision to use the Quintuple Aim to frame recommendations. Bree members discussed the Quintuple Aim as a strategy for organizing recommendations and agreed that the framework is a useful strategy for organizing health systems quality improvement. The Diabetes Care workgroup finalized their charter and roster in January and will begin to split into sub-groups based on the Quintuple Aim at future meetings.

**Motion:** Adoption Diabetes Care charter and roster **Outcome:** Adopted with unanimous support

### **NEW TOPIC: PERINATAL/MATERNAL MENTAL HEALTH**

Colleen Daly, PhD, Microsoft, presented on the Perinatal/Maternal Mental Health workgroup. Dr. Daly serves as the workgroup chair and is interested in how to think creatively about the maternal/perinatal mental health care continuum. The Perinatal/Maternal Mental Health workgroup's first meeting is scheduled for January 27<sup>th</sup>, pushed back due to January holidays. Since the workgroup has not yet met, Bree members discussed the topic background and proposed priorities. The Bree will vote to adopt the Perinatal/Maternal Mental Health charter in March.

### IMPLEMENTATION UPDATE: UPCOMING EVENTS AND DATA COMMITTEE

Emily Robson, RN, DNP, Foundation for Health Care Quality reviewed the Bree's upcoming webinars. The two upcoming events include the Spotlight on Pediatric Asthma webinar and the first in a series of Health Equity webinars titled "Committing to Action." Future webinars include a Climate Change webinar to be held in April, two additional Health Equity webinars planned for the spring and summer respectively.

Karie Nicholas, MA, GC presented on implementation data and measurement updates. Ms. Nicholas is planning to convene a data and measurement committee to provide feedback on the Bree's implementation evaluation strategy. Bree members are encouraged to reach out to Ms. Nicholas if they are interested in attending.

# **DISCUSS: BREE MEMBER RESPONSIBILITIES**

Dr. Hugh Straley ended the meeting with a discussion on Bree member expectations to make sure the Bree Collaborative begins 2023 in alignment. Bree members are responsible for active engagement during meetings, supporting the Bree's ongoing efforts, aiding in guideline dissemination, advocating for practice transformation in concordance with the Bree guidelines, and holding their networks accountable for change. In discussion, Bree members agreed to these expectations.

# **NEXT STEPS AND CLOSING COMMENTS**

Dr. Hugh Straley thanked those who presented and closed the meeting.

Next Bree Collaborative Meeting: March 22<sup>nd</sup>, 2023