

Bree Complex Discharge from Hospitals Data and Alignment Draft Recommendations

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Definitions:

All healthcare sites should align on a definition for avoidable days, even if different parties calculate avoidable days differently.

- Current consensus definition: Days where patient does not meet medical necessity and their care needs can be met at a lower level of care.
- Questions: What about the impact of medical error on avoidable days?

Collecting Patient Information:

Collect standard patient characteristic data during the discharge process to understand and proactively address potential discharge barriers.

- Patient characteristic information includes: demographic data, geographic data, primary payer/insurer, planned discharge site, and information about potential barriers (such as social need, behavioral health need, legal need, etc.).

Discharge Barriers:

If a patient is determined to have a delayed discharge or avoidable delay, collect information about the discharge barriers facing the patient, considering barriers related to the following list:

- Medical:
 - Alzheimer's/dementia/TBI
 - Bariatric status
 - High Care Needs
 - Hemodialysis/Dialysis Availability
 - Wound Care
- Behavioral:
 - Complex behavioral need
 - SUD (Current or history)
 - Lack of psych support/services
- Social Needs:
 - Housing/homelessness
 - Undocumented
 - Lack of family support/cooperation
- Legal:
 - Guardianship/Conservatorship
- CPS/APS
- Prior conviction (esp. sex offender/arson/violence)
- Payment:
 - Delayed insurance authorization/prior authorization
 - DME coverage
 - COPES
 - Uninsured/Lack of coverage
- Process:
 - DDA Delays
 - Delays from HCS
 - Transfer to Eastern/Western
- Post-Acute Placement
 - Bed Type not available
 - Delay in response
 - Unable to transfer

- Patients may be experiencing multiple or overlapping discharge barriers.
- Different facilities may have their own internal process for discharge barrier collection, but each site should develop a standard process for collecting discharge barrier categories for all their patients.