

Diabetes Workgroup 4/13



Patient Story



Importance of Care Coverage



- Alec Smith-Holt, 26, Male
- Died of ketoacidosis, 27 days after losing access to parent's health insurance plan, a complication of Type 1 Diabetes
- The price of insulin at the time was \$1,300
- <https://www.independent.co.uk/news/world/americas/us-politics/insulin-prices-diabetes-alec-smith-b1972475.html>

Washington Resources



Department of Health: Diabetes Epidemic Action Report



- Biannual report, developed by the DOH, DSHS, and HCA
- The report includes an overview of the issue, including the burden of disease, financial impact, and an overview of state programs
- The report offers several action steps for future work:
 - Including pharmacists on care teams
 - Support policies that compensate community health workers
 - Increase resources for monitoring and evaluating diabetes health status
 - Fund a study on barriers to care caused by out-of-pocket costs
 - Continue to fund existing initiatives that address social determinants of health
- Future versions of the report plan on including further information about social determinants and food/nutrition programs.

Health Care Authority: Insulin Workgroup



- Proposing policy solutions to the state legislature on the total cost of insulin to society:
- Long-Term Policies:
 - Minnesota Example: Lower costs through manufacturer assistance programs.
 - Utah Example: Lower costs by expanding Public Health Employe Benefits (PHEB) to all Utah residents.
- Short-Term (Emergency Supplies) Policies:
 - Maine Example: Require manufacturers to reimburse an emergency supply of insulin for 30-days if required.
 - Utah Example: Allow pharmacists to dispense emergency supply of insulin without requiring verification.
- Final report to be published July 2023

Topic Prioritization



Diabetes Care Continuum



Identify Individual's Health Status (Complete A1C testing)

