

Bree Collaborative: Maternal Mental Health Workgroup

Focus Areas for Evidence Review

May 15th, 2023

Focus Area	Topics for Review
Clinical Screening and Referral	<ul style="list-style-type: none">• Efficacy of screening for perinatal mood disorders and SUD• Inequities in screening process and outcomes• Follow-up on referral process• Levels of risk and targeting interventions• Clinician education and workflows
Patient-Provider Interactions	<ul style="list-style-type: none">• Trauma-informed and culturally appropriate care• Motivational interviewing and shared decision making• Education on signs and symptoms
Clinical Structure and Services	<ul style="list-style-type: none">• Offering language and culturally appropriate services• Impact of the number of visits and length of visits on mental health outcomes• Home visit programs and other models of care delivery
Access and Coordination	<ul style="list-style-type: none">• Access to clinical providers – doulas, midwives, and/or OBGYNs• Access to behavioral health providers• Access to resources• Coordinating information between clinical care, behavioral health, and social services
Care Team	<ul style="list-style-type: none">• Certification and professional roles for doulas, midwives, and OBGYNs• Efficacy of team-based care that involves community health aids, doulas, social work, and/or psychiatric care.• Efficacy of integrated behavioral health
Incentives	<ul style="list-style-type: none">• Reimbursement for perinatal care visits, midwives/doulas, and behavioral health providers• State-wide strategic plans and funding for perinatal mental health• Impact of federal funding and public policies on maternal and child outcomes
Community Initiatives	<ul style="list-style-type: none">• Public education and awareness campaigns<ul style="list-style-type: none">○ Blue Dot Project○ Black Maternal Health Week• Cultural programs and initiatives<ul style="list-style-type: none">○ Black Mamas Matter Alliance○ Swedish’s Black Birth Empowerment Initiative