

Theme	Submission by Public	Resources
Behavioral Health		
	Elimination of non-evidence-based buprenorphine dose limits	<p>Grande LA, Cundiff D, Greenwald MK, Murray M, Wright TE, Martin SA. Evidence on Buprenorphine Dose Limits: A Review. J Addict Med. 2023 Jun 16.</p> <ul style="list-style-type: none"> Retention in treatment is dose-dependent up to a level well above the range targeted by the FDA package label. Numerous studies show that the non-evidence-based federal dosing guideline creates life-threatening barriers to treatment. Patients who cannot get relief from withdrawal or craving will often drop out of treatment and return to using fentanyl despite its high risk.
	Long term treatment of the severely mentally ill.	<ul style="list-style-type: none"> "https://www.nytimes.com/2022/11/29/nyregion/nyc-mentally-ill-involuntary-custody.html https://www.nytimes.com/2023/06/25/nyregion/mentally-ill-homeless-nyc.html?searchResultPosition=1 Recommended book: The Best Minds by Jonathan Rosen https://www.theatlantic.com/books/archive/2023/04/jonathan-rosen-the-best-minds-memoir/673812/
	988 Crisis Response System-How the Entire Washington State 988 Behavioral Health Crisis Response System works	<ul style="list-style-type: none"> https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/crisis-response-improvement-strategy-cris-committees#meeting-schedule. All the resources related to 988 can be found here.
	Is it time to scrap the DCR system for involuntary treatment of psychiatric patients?	<ul style="list-style-type: none"> https://www.seattletimes.com/seattle-news/designated-crisis-responders-a-last-resort-in-mental-health-care-face-overwhelming-demand/
Chronic Disease		
	Medical/Dental co-management of systemic inflammation driving cardiovascular disease (e.g.Diabetes) and Periodontal	<ol style="list-style-type: none"> R. Hegde, K.H. Awan, Effects of periodontal disease on systemic health. Oral health special issue, Disease-a-Month (2018) https://doi.org/10.1016/j.disamonth.2018.09.011 Sanz M, de Castillo AM, Jepsen S, Gonzales-Juanatey JR, Dâ€™Aiuto F, Bouchard P,

	<p>Disease; leading both to exacerbate each other.</p>	<p>Chapple, I, Dietrich T, Gotsman I, Graziani F, Herrera D, Loos B, Madianos P, Michel JB, Perel P, Pieske B, Shapira L, Shechter M, Tonetti M, Vlachopoulos C, Wimmer, G. Periodontitis and cardiovascular disease: consensus report. <i>Journal of Clinical Periodontology</i>. 2020; 47:268-288. DOI: 10.1111/jcpe.13189</p> <p>3. Saffi MAL, Furtado MV, Polanczyk CA, Montenegro MM, Ribeiro IWJ, Kampits C, Haas AN, Rolⁱsing CK, Rabelo-Silva ER. Relationship between vascular endothelium and periodontal disease in atherosclerotic lesions: Review article. <i>World J Cardiol</i> 2015; 7(1): 26-30 Available from: URL: http://www.wjgnet.com/1949-8462/full/v7/i1/26.htm DOI:http://dx.doi.org/10.4330/wjc.v7.i1.26.</p> <p>4. Dâ€™Aiuto F, Gkranias N, Bhowruth D, Kahn T, Orland M, Suvan J, Masi S, Tsakos G, Hurel S, Hingorani AD, Donos N, Deansfield JE. Systemic effects of periodontitis treatment in patients with type 2 diabetes: A 12 month, single-centre, investigator-masked randomized trial. <i>UK National Institute for Health Research</i>. 2018; 1-12.</p> <p>5. Sen S, Giamberardino LD, Moss K, Morelli T, Rosamund WD, Gottesman RF, Beck J, Offenbacher S. Periodontal Disease, Regular Dental Care Use, and Incidental Ischemic Stroke. <i>Stroke</i>. 2018 (Feb);49:355-362. DOI: 10.1161/STROKEAHA.117.018990</p> <p>6. Lamster IB, Malloy KP, DiMura PM, Cheng B, Wagner VL, Matson J, Proj A, Abel SN, Alfano MC. Dental Services and Health Outcomes in the New York State Medicaid Program. <i>Journal of Dental Research</i>. 2021;100(9):928-934. DOI: 10.1177/00220345211007448</p> <p>7. Bodenheimer T, Wagner E, Grumbach K. Improving primary care for patients with chronic illness: the chronic care model. <i>JAMA</i>. 2002;288:1775-1779.</p> <p>8. Bodenheimer T, Wagner E, Grumbach K. Improving primary care for patients with chronic illness: the chronic care model, Part 2. <i>JAMA</i>. 2002;288(15):1909-1914.</p> <p>2.</p>
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Climate Change		
	Coping with extreme heat (clinical needs from providers, guidance from public health, resources from payers, best practices with heat advisories, equity lens)	<ul style="list-style-type: none"> https://hsc.unm.edu/echo/partner-portal/programs/global/climate-change/ https://cig.uw.edu/wp-content/uploads/sites/2/2023/06/CIG-Report-Heat-202-pages.pdf
	Decarbonization initiatives (how the healthcare industry could collaborate to mitigate impacts and emissions) - could have focus for example on inhaled anesthetics, or new clean building standards that are coming up	
	Implementing sustainability practices in healthcare (waste, energy, transportation, food, supplies, greening the OR, etc)	
Discharge		
	Discharge delays for children in hospitals who cannot go home without access to private duty nursing (PDN) services.	<ul style="list-style-type: none"> California's medically fragile children deserve to receive care at home - Capitol Weekly Capitol Weekly Capitol Weekly: The Newspaper of California State Government and Politics.
Emergency Response		
	Development, alignment, and sustainability of Community Paramedicine initiatives in Washington state	
Eating Disorders		

	Increasing access to non-stigmatized care for individuals with eating disorders	
Language		
	Language Access in Health Care Settings	<ul style="list-style-type: none"> • "New 2024 immigrant health programs summary: https://nohla.org/wordpress/wp-content/uploads/2023/05/PH_NoHLA_immigrant_230525.pdf • https://www.jointcommission.org/resources/news-and-multimedia/newsletters/newsletters/quick-safety/quick-safety--issue-13-overcoming-the-challenges-of-providing-care-to-lep-patients/overcoming-the-challenges-of-providing-care-to-lep-patients/ • Migration Policy Institute, Data Hub, State Immigration Profiles, Washington, Language & Education, 2021. https://www.migrationpolicy.org/data/state-profiles/state/language/WA • https://www.ahrq.gov/health-literacy/professional-training/lepguide/chapter1.html • Washington State Coalition for Language Access, WASCLA Tools for Health Overview, Methodology, 2014. Available from: info@wascla.org, www.wascla.org • Language Access for Limited English-Speaking Populations, King County Language and Communications Access Site. https://kingcounty.gov/audience/employees/translation-interpretation.aspx • https://ofm.wa.gov/tags/washington-trends • Graves, J. et. Too Little Information: Accessibility of Information About Language Services on Hospital Websites. J Immigr Minor Health. 2020 Jun;22(3):433-438. https://pubmed.ncbi.nlm.nih.gov/31989353/ • Jimenez, E. The curious case of Latinos and COVID-19. KUOW, April 27, 2020. https://www.kuow.org/stories/here-s-why-wa-latinos-are-being-disproportionately-affected-by-the-pandemic • Ochoa, S. Spanish interpretation services are a critical part of health care in the Yakima Valley. Yakima Herald, April 16, 2023. https://www.yakimaherald.com/news/local/spanish-interpretation-services-are-a-critical-part-of-health-care-in-the-yakima-valley/article_04158b08-c76f-11ed-bcc8-973f4d2be93d.html • Owens, CW and Jackson, CJ, Collaborative Strategies for Language Access in Seattle & King County, February 6-7, 2003: Meeting Report, https://ethnomed.org/wp-

		<p>content/uploads/2020/01/Collaborative-Strategies-For-Language-Access-In-Health-Care-In-Seattle-King-County.pdf</p> <ul style="list-style-type: none"> • DSHS Language Access Workgroup. https://www.dshs.wa.gov/office-of-the-secretary/language-testing-and-certification-program • https://www.k12.wa.us/sites/default/files/public/communications/2021docs/1-21-UPDATE-Transitional-Bilingual-Instruction-Program.pdf • https://doh.wa.gov/sites/default/files/2022-04/37_Most_Spoken_Languages_in_WA_State.pdf • https://www.hca.wa.gov/about-hca/data-and-reports/interpreter-services-data-dashboard • https://www.migrationpolicy.org/data/unauthorized-immigrant-population/state/WA • *Chinese is a written language with at least 10 spoken dialects including Mandarin, Cantonese, Taishanese, Fuzhounese, Hokkien."
Maternal Health		
	Increased utilization of midwives and doulas	<ul style="list-style-type: none"> • https://www.commonwealthfund.org/publications/issue-briefs/2023/may/expanding-role-midwives-address-maternal-health-crisis • https://nationalpartnership.org/wp-content/uploads/2023/02/improving-maternity-midwifery.pdf • https://nashp.org/doulas-and-midwives-are-key-partners-in-improving-maternal-and-infant-health-outcomes/ • https://www.directrelief.org/2022/07/improving-birth-outcomes-among-women-of-color-begins-with-care-that-reflects-them/ • https://www.americanprogress.org/article/community-based-doulas-midwives/ • https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3647727/
	Centering pregnancy Model	<ul style="list-style-type: none"> • https://centeringhealthcare.org/why-centering/research-and-resources
Obesity		
	Addressing Obesity in Washington	<ul style="list-style-type: none"> • https://doh.wa.gov/data-and-statistical-reports/diseases-and-chronic-conditions/obesity
	Evaluating and Treating Child and Adolescent Obesity	<ul style="list-style-type: none"> • https://www.cdc.gov/obesity/data/childhood.html • https://publications.aap.org/pediatrics/article/151/2/e2022060642/190447/Appraisal-of-Clinical-Care-Practices-for-

		<p>Child?searchresult=1&_ga=2.82632597.2054526232.1688400506-2120625925.1671479022</p> <ul style="list-style-type: none"> • https://publications.aap.org/pediatrics/article/151/2/e2022060643/190446/Appraisal-of-Clinical-Care-Practices-for-Child?searchresult=1&_ga=2.82632597.2054526232.1688400506-2120625925.1671479022"
Oncology		
	Genetic testing for cancer	<ul style="list-style-type: none"> • https://www.fredhutch.org/content/dam/www/research/institute-networks-ircs/hicor/HICOR-Community-Cancer-Care-Report-Quality-Cost-2023.pdf
Surgery		
	Replace informed consent with shared decision-making.	<ul style="list-style-type: none"> • "Survey - wishes of reasonable patients during shared decision-making (2019): https://bmjopen.bmj.com/content/bmjopen/9/7/e028957.full.pdf • Spatz study of informed consent documents in hospitals (2020): https://bmjopen.bmj.com/content/bmjopen/10/5/e033299.full.pdf • Mullenix paper on BMJ Open study (2021): https://safepatientadvocate.com/the-power-of-informed-consent/ • Case study comparing shared decision-making to informed consent for laminectomy (2022): https://journals.sagepub.com/doi/pdf/10.1177/23743735221106599"
	Improving Perioperative Patient Optimization	