

Dr. Robert Bree Collaborative Meeting Minutes
July 26th, 2023 | 1:00-3:00
Held Virtually

Members Present

Susie Dade, MS, Patient Representative
Colleen Daly, PhD, Microsoft
Kathy Davis (for June Alteras), DNP, RN, MBA,
Multicare
Sharon Eloranta, MD, Washington Health Alliance
Gary Franklin, MD, Washington State Department
of Labor and Industries
Darcy Jaffe, MN, ARNP, FACHE, Washington State
Hospital Association

Greg Marchand, The Boeing Company
Carl Olden, MD, Pacific Crest Family Medicine
Mary Kay O'Neill, MD, MBA, Mercer
Kevin Pieper, MD, MHA, Kadlec Regional Medical
Susane Quistgaard, MD, Premera Blue Cross
Angie Sparks, MD, UnitedHealthcare
Judy Zerzan-Thule, MD, MPH, Washington State
Health Care Authority

Members Absent

Hugh Straley, MD, Bree Collaborative (Chair)
Colin Fields, MD, Kaiser Permanente
Mark Haugen, MD, Walla Walla Clinic

Norifumi Kamo, MD, MPP, Virginia Mason
Franciscan Medical Center
Kimberly Moore, MD, Franciscan Health System

Staff, Members of the Public

Ginny Weir, MPH, FHCQ
Emily Nudelman, DNP, RN, FHCQ
Karie Nicholas, MA, GC, FHCQ

Carissa Kemp, ADA
Summer Duman, Regence
Ashby Wolfe, CMS

Meeting materials are posted on the Bree Collaborative's website, [here](#), under previous meetings.

WELCOME, INTRODUCTIONS,

Ginny Weir, MPH and CEO of Foundation for Health Care Quality opened the meeting. Ms. Weir welcomed members and members of the public and reviewed last meeting's minutes.

Motion: Approve May Meeting Minutes

Outcome: Passed with unanimous support

Bree 2024 Topic Survey Responses from the Public

Emily Nudelman, DNP, RN, Bree Collaborative reviewed plans for selecting topics for 2024 including revisiting two former topics and selecting one new topic. Dr. Nudelman presented proposed Bree 2024 Topics submitted by members of the public including:

- Behavioral Health
 - Long term treatment of the severely mentally ill.
 - 988 Crisis Response System- How the Entire Washington State 988 Behavioral Health Crisis Response System works
 - involuntary treatment of psychiatric patients
- Chronic Disease
 - Medical/Dental co-management of systemic inflammation driving cardiovascular disease (e.g. Diabetes) and Periodontal Disease; leading to exacerbation.

- Climate Change
 - Coping with extreme heat (clinical needs from providers, guidance from public health, resources from payers, best practices with heat advisories, equity lens)
 - Decarbonization initiatives and/or implementing sustainability practices in healthcare (waste, energy, transportation, food, supplies, greening the OR, etc.)
- Inpatient Discharge
 - Discharge delays for children without access to private duty nursing (PDN) services.
 - Emergency Response
 - Development, alignment, and sustainability of Community Paramedicine initiatives
- Eating Disorders: Increasing access to non-stigmatized care for individuals with eating disorders
- Language Access in Health Care Settings
- Increased utilization of midwives and doulas
- Obesity
 - Addressing Obesity in Washington
 - Evaluating and Treating Child and Adolescent Obesity
 - Genetic testing for cancer
- Surgery
 - Replace informed consent with shared decision-making.
 - Improving Perioperative Patient Optimization

Bree 2024 Topic Survey Responses from Bree members

Dr. Nudelman reviewed themes from the survey of Bree Collaborative members asking for a “yes” or “no” response as to whether former topics should be re-reviewed, the topics adoption difficulty, listing two topics to receive a re-review, and to propose new topics. Twelve Bree members responded to the survey and over 40% of respondents reported a desire to rereview: hospital readmissions, integrating behavioral health into primary care, bariatric surgery, low back pain management, and opioid use disorder treatment.

Bree Collaborative members surveyed wanted to propose a focus on climate change (e.g., heat management* Air Quality, Health system contributing to greenhouse gas/climate change*, heat domes*, fires, flooding, and vector borne diseases); emergency room use (e.g., appropriateness, reducing use); obesity (e.g., addressing obesity,* evaluating and treating adolescent obesity,* weight bias, obesity management and behavioral support, GLP1s); oncology (e.g., genetic screening,* biomarker testing, tobacco use screening and intervention, lung cancer); removing outdated health care services guidelines; artificial intelligence; and health care data interoperability. *Also mentioned in Public Survey

Bree Collaborative members discussed:

- The Dementia Action Collaborative is interested in having the Bree report on Alzheimer’s Disease and Other Dementias updated. There is emerging evidence on biomarkers, but clinical guidelines are changing.
- The Health Technology Coordinating Committee will be re-reviewing Bariatric Surgery. Having the Bree Collaborative review this as well will not be productive.
- The applicability of climate change and a focus on either health care services that will become higher need due to exposure to a changing climate and decarbonizing of the health care industry. The former is better aligned with the Bree Collaborative’s scope and reach.
- Interest in how GLP 1s can be used to manage weight.

Bree members voted to further develop and vote for three topics at the September meeting for:

- Alzheimer's and Other Dementias
- Hospital Readmissions
- Behavioral Health: Early Intervention for Youth
- Treatment for Opioid Use Disorder
- Health care services related to managing climate-related illnesses.
- Obesity Management and Weight Health

NEXT STEPS AND CLOSING COMMENTS

Bree staff will review the themes and help the development of one-pagers on proposed work topic. HCA offered to provide support in development of reports. Dr. Nudelman thanked those who attended and closed the meeting.

Next Bree Collaborative Meeting: September 27th, 2023