
Bree Collaborative | Diabetes
July 13th, 2023 | 8:00 – 9:30 a.m.
Virtual

MEMBERS PRESENT

Carissa Kemp, MPP, American Diabetes Association

LuAnn Chen, MD, MHA, Community Health Plan of Washington

Norris Kamo, MD, MPP, Virginia Mason Medical Center (chair)

Mamantha Palanati, MD, Kaiser Permanente

Mary Beth McActeer, MLIS, Virginia Mason Franciscan Health

Nicole Treanor, MS, RD, CD, CDCES, Virginia Mason Franciscan Health

Pam Kramer, Multicare

Robert Mecklenburg, MD, Virginia Mason (retired)

Susan Buell, YMCA of Tacoma Pierce County

STAFF AND MEMBERS OF THE PUBLIC

Emily Robson, DNP, RN

Karie Nicholas, MA, G.C., Bree Collaborative

WELCOME

Emily Robson, Bree Collaborative, welcomed everyone to the Bree Diabetes Care workgroup. Members approved the June minutes. Dr. Robson reviewed Bree Collaborative is in the middle of staff transition and Dr. Robson will support the workgroup till a new staff member begins.

DISCUSS: TEAM-BASED CARE AND MEDICAL HOMES

Dr. Robson reviewed draft recommendations on managing clients with diabetes and their oral health. The recommendations were drafted in collaboration with Dentist and Director of Clinical Innovation at Delta Dental, Molly Melbye, and Dr. Jeff Hummel to promote the role of dentists in supporting clients with diabetes. Upon reviewing, group members requested further information on the grade of evidence utilized to develop the recommendations, edit a recommendation from “ask about prior periodontal disease...” to “ask patient when they were last seen by a dentist and encourage them to be seen as recommended by their dentist. The group also discussed role of purchaser in supporting dental care for their clients.

The group transition in the conversation to review the recommendation on Team based care developed during June meeting. Dr. Robert Mecklenburg led the review of the conversation. Through discussion, the recommendation was updated to be patient centered.

“Patients shall have a diabetes care team accessible to them who are accountable for managing blood sugar, blood pressure, lipids, and tobacco smoking cessation counseling. The group should include, as a minimum, a certified diabetes care and education specialist (either a registered dietitian nutritionist or nurse) and clinical pharmacist, with other members needed to address specific needs of patients. The team will be led by the certified diabetes care and education specialist and be supported by the primary care clinician (e.g., physician, PA-C, ARNP.) The team will report results concerning glycohemoglobin, lipids, tobacco smoking cessation, and diabetes-related hospitalizations, and make them available to patients.”

The group updated a second recommendation to focus away from PCMH and more on Bree’s previous primary care work.

“Care will be delivered according to the attributes of primary care according to the [Bree Collaborative Primary Care report](#).”

DISCUSS: MEDICATION

Dr. Mecklenburg moved the conversation on to review information about evidence-based medications, drawing from the ADA standards. The discussion centered around facilitating access to Level A medications on the ADA medication list for patients who meet medical criteria. A focus of the conversation was around the possible recommendation of “Medication, supplies, and equipment designated as recommended by 2023 ADA Standards shall not be subject to pre-authorization and when prescribed for patients who meet inclusion criteria with diabetes.” The group will spend time further discussing possible recommendations to improve the Prior-Authorization process and to facilitate smoother access to receiving medication and limit administration burden for clinicians and delivery sites. Such as, what barriers may be able to be addressed and inclusion criteria for the medications.

PUBLIC COMMENT AND GOOD OF THE ORDER

At the next workgroup meeting, the workgroup will continue to refine current recommendations as well as discuss new evidence on Community Engagement. The workgroup’s next meeting will be on Thursday, August 10th from 8:00 – 9:30 AM.