

## Child Serving Systems of Care Framework

**TABLE 2 Core Values and Guiding Principles in the System of Care (SOC) Framework<sup>13</sup>**

### **Core values**

Family and youth driven  
Community based  
Culturally and linguistically competent

### **Guiding principles**

Comprehensive array of services and supports  
Individualized, strengths-based services and supports  
Evidence-based practices and practice-based evidence  
Trauma informed  
Least restrictive natural environment  
Partnerships with families and youth  
Interagency collaboration  
Care coordination  
Health—mental health integration  
Developmentally appropriate services and supports  
Public health approach  
Mental health equity  
Data driven and accountability  
Rights protection and advocacy

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Children and families, especially with social and emotional concerns, are served by a fragmented system of care. These systems do not communicate with each other, which makes coordinated, proactive care for children and families more difficult. The core values of systems of care framework are family and youth drive, community-based and culturally and linguistically inclusive care. It emphasizes individualizing comprehensive care, using evidence-based trauma-informed practices in the least restrictive environment, interagency collaboration and care coordination, mental health integration into physical healthcare, developmentally appropriate services and supports, and using data to drive practices and keep actors accountable.

Ideally; this report and collection of guidelines are directed at the healthcare system, identifying actions necessary to identify and treat mild and moderate behavioral health concerns in children and youth as actors within this system.

### Potential Audiences:

- Patients and Families
- Clinicians and Healthcare Professionals
- Outpatient Care Settings
- Emergency Care Settings
- Health Plans
- Purchasers
- Department of Health, Public Health Agencies
- Schools

- DSHS
- DCYF

Potential Focus Areas	
Patient and Provider Education	<ul style="list-style-type: none"> <li>- Patient and Family education</li> <li>- Provider education and training</li> </ul>
Universal Precautions/Interventions	<ul style="list-style-type: none"> <li>- Health promotion</li> <li>- Social and emotional health support</li> <li>- Universal screening and interventions, SBIRT model</li> <li>- Special considerations for at risk populations</li> </ul>
Identification and Assessment	<ul style="list-style-type: none"> <li>- Identifying behavioral health concern, assessing risk factors and co-occurring concerns</li> <li>- Initial assessment</li> </ul>
Treatment and Management	<ul style="list-style-type: none"> <li>- Treatment and management for mild to moderate BH concerns across different settings and providers</li> <li>- Appropriate use of telehealth services</li> <li>- Systems to support population health level management</li> </ul>
Monitoring and Re-assessment	<ul style="list-style-type: none"> <li>- Monitoring of children and youth diagnosed with behavioral health concerns.</li> <li>- Indicators for re-assessment of severity of behavioral health concerns</li> <li>- Operational systems to enable monitoring of high-risk children and youth</li> <li>- Data collection and quality improvement</li> </ul>
Coordination and Communication	<ul style="list-style-type: none"> <li>- Coordination of services between settings and actors</li> <li>- Shared care planning</li> <li>- Partnerships with community-based organizations and services</li> <li>- Sharing of patient information and data to support coordination of care</li> </ul>
Funding	<ul style="list-style-type: none"> <li>- Financial strategies to incent early identification and treatment of children and youth with BH concerns.</li> <li>- Payment models to support integration of BH into pediatric primary care and community-based care</li> <li>- Financial strategies to increase availability of BH services for youth and children</li> <li>- Funding mechanisms to incent high quality care and quality improvement</li> </ul>

#### Potential Speakers

- UW SMART Center
- Madrona Recovery Center
- Emergency Medicine
- DDA
- Child Welfare

- Children's Advocacy Center WA
- DCYF
- King County – Best Starts for Kids