

# Bree Collaborative Meeting

March 27<sup>th</sup>, 2024, 1-3PM





# Welcome



Photo by [Kush Dwivedi](#) on [Unsplash](#)



# Agenda



- **Welcome and Introductions** *(10 minutes)*
  - Objective: Adopt January Minutes
- **Bree 2024 Workgroup Updates** *(30 minutes)*
  - Objective: Adopt Extreme Heat & Wildfire Smoke Charter
- **Implementation Survey Report Updates** *(20 minutes)*
- **Report Review Process** *(20 minutes)*
  - Objective: Receive feedback on review process
- **Implementation Updates** *(35 minutes)*
- **Public Comment, Closing & Next Steps** *(5 minutes)*



# Minutes

**Dr. Robert Bree Collaborative Meeting Minutes**  
**January 24<sup>th</sup>, 2024 | 1:00-3:00**  
**Hybrid**

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**Members Present**

June Alteras MN, RN, MultiCare

Emily Transue, MD, Comagine Health (Chair)

Colleen Daly, PhD, Microsoft

Sharon Eloranta, MD, Washington Health Alliance

Gary Franklin, MD, Washington State Department  
of Labor and Industries

Darcy Jaffe, MN, ARNP, FACHE, Washington State  
Hospital Association

Greg Marchand, The Boeing Company

Kimberly Moore, MD, Franciscan Health System

Carl Olden, MD, Pacific Crest Family Medicine

Mary Kay O'Neill, MD, MBA, Mercer

Susanne Quistgaard, MD, Premera Blue Cross

Angie Sparks, MD, UnitedHealthcare

Judy Zerzan-Thul, MD, MPH, Washington State  
Health Care Authority

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**Members Absent**

Patricia Egwuatu, DO

Colin Fields, MD, Kaiser Permanente

Norifumi Kamo, MD, MPP, Virginia Mason  
Franciscan Medical Center

Mark Haugen, MD, Walla Walla Clinic

Kevin Pieper, MD, MHA, Kadlec Regional Medical

Nicole Saint Claire, MD, Regence BlueShield



# Bree 2024 Workgroup Updates





# Health Impacts of Extreme Heat & Wildfire Smoke

Dr. Christopher Chen, Medical Director for Medicaid, Washington Health Care Authority





# Focus Areas



**Vulnerable Populations**

**Workforce Capacity Development & Education**

**Proactive Public Education & Awareness**

**Finance & Infrastructure**

**Data & Measurement**



# Charter Updates



- **Aim:** To prevent and reduce heat-related **and wildfire smoke-related** disease burden in Washington state, especially for vulnerable populations.
- **Purpose:** To propose evidence-informed guidelines to the full Bree Collaborative on practical and evidence-based methods for reducing heat-related **and wildfire smoke-related** disease burden, including:



# Charter Purpose Updates



## Added wildfire smoke related concerns as appropriate, such as:

- Amplify effective and culturally and linguistically appropriate communication and education strategies to increase patient and public awareness around health risks associated with heat **and wildfire smoke**.
- Funding mechanisms for high-quality care and public health strategies for extreme heat **and wildfire smoke**, such as cooling centers, air conditioners **and air filtration**.

## Also removed this statement:

- ~~• Address wildfire smoke considerations as they overlap with the considerations for extreme heat~~



**Objective: Vote to approve charter changes**



**The Bree Collaborative**  
**Health Impacts of Extreme Heat & Wildfire Smoke**



# Behavioral Health Early Interventions for Youth

Dr. Terry Lee, Senior Behavioral Health Medical Director, Community Health Plan of Washington





# Behavioral Health Early Intervention for Youth



## Bree BH Early Intervention for Youth Workgroup Information Matrix

Areas of Concern	Lifetime Prevalence	Mature Body of Evidence-Based Treatments?	Availability of Low-Cost Trainings in WA?
Anxiety (without PTSD)	31.9%	Yes	Yes
PTSD		Yes	Yes
Behavior	19.1%	Yes	Yes
Mood/Depression	14.3%	Yes	Yes
Substance Use	11.4%	Yes/No	No
Eating Disorder	2.7%	No	No
Autism	2.76% (CDC, 2020)	Yes/No	No
Attachment	?	No	No



# Behavioral Health Early Intervention for Youth



## Focus Areas

Patient/Caregiver Education

Provider Training and Capacity Building

**Identification and Assessment**

Treatment & Management

Interdisciplinary Coordination & Communication



# Treatment for OUD Revision

Dr. Charissa Fotinos, State Medicaid Director, Washington Health Care Authority





# Roster Updates



Maureen Oscadal, RN, CARN	Registered Nurse	Harborview/Addictions, Drug & Alcohol Institute
John Olson, MD, MHA	Addiction Medicine Physician	Sound Health
Daniel Floyd	Care Coordination and Recovery Section Manager	King County Behavioral Health and Recovery Division
Kelly Youngberg, MHA	Assistant Director for Health Care Implementation and Strategy	Addictions, Drug and Alcohol Institute
Cris DuVall, PharmD, SUDP, FWSPA	Clinical Pharmacist Counselor	Compass Health, Island Drug
Tom Hutch, MD, F	Medical Director	We Care Daily Clinics
Liz Wolkin, MSN, RN, NPD-BC, CEN	Emergency Department Support Program Administrator	Washington HCA
David Sapienza, MD		Bupe Pathways



# Focus Areas - 2017



Focus Area	2017 Goals
Access to Evidence-Based Medicine	<ul style="list-style-type: none"><li>• Medication treatment (MOUD) – buprenorphine, methadone, and naltrexone (e.g., increase geographic reach, increase number of providers)</li><li>• Reduction in stigma associated with treatment</li></ul>
Referral Information	<ul style="list-style-type: none"><li>• Providers and patients know where to access care.</li><li>• Accessible inventory of buprenorphine and methadone prescribers</li><li>• Referral infrastructure that supports patients and providers</li></ul>
Integrated Behavioral and Physical Health to Support Whole-Person Care	<ul style="list-style-type: none"><li>• Treatment of co-morbid conditions including multiple substance use, mental illness, physical health in line with BHI report and recommendations</li></ul>



# Focus Areas - 2024



Focus Area	2024 Goals
Access to Evidence-Based Medicine	<ul style="list-style-type: none"><li>• <b>MOUD – buprenorphine and methadone, including newest formulations (e.g., increase geographic reach, increase number of providers)</b></li><li>• <b>Tailored approaches based on severity of OUD and comorbid conditions.</b></li></ul>
Referral Information	<ul style="list-style-type: none"><li>• <b>Patients are transitioned effectively between care settings and between medications as appropriate (e.g., inpatient to OTP, primary care to OTP, methadone to buprenorphine)</b></li></ul>
Integrated Behavioral and Physical Health to Support Whole-Person Care	<ul style="list-style-type: none"><li>• <b>Core elements of BHI for innovative models and nontraditional settings. (MOUD in community pharmacies, health engagement hubs, etc.)</b></li><li>• <b>Bidirectional integration of behavioral and physical health</b></li><li>• <b>Commercial and public insurance supporting whole-person health</b></li></ul>
Data & Measurement	<ul style="list-style-type: none"><li>• <b>Updating measures for MOUD initiation, naloxone distribution and referral to care</b></li></ul>



# Bree Collaborative

## Implementation Survey Results 2023

Karie Nicholas, M.A.,G.Dip., Evaluation and Measurement Manager





# Implementation Survey



- Three different survey methods
  - Score Cards for the evaluation of *concordance of care*
  - Health System Survey for the evaluation of *usefulness of guidelines*
  - Data Capacity Survey
- Surveys are voluntary, self-reported
- Implementation independent of Bree Guideline
- Low implementation could mean “unknown”
  - Some organizations chose not to answer for certain guidelines.
- Extensive length of survey reduced response rate



# Usefulness of Guidelines - Participants



## Health Care Providers

- Evergreen Health Care
- UW Medicine
- Caelon Behavioral Health
- Fred Hutch Cancer Center
- Swedish
- Everett Clinic
- Polyclinic
- Virginia Mason Medical Center
- Providence St. Joseph
- Proliance Surgeons
- Tri-City Community Health
- HealthPoint
- Arbor Health Morton Hospital

## Health Plans & Community Partners

- ESD 105
- United Healthcare
- Community Health Plan of Washington
- Washington State Health Care Authority
- Catholic Charities Eastern Washington
- Stapleton Integrative Psychotherapy
- DSHS

Questions for this survey were measured using a Likert scale.

Scale:

- 1= Strongly Disagree
- 2= Disagree
- 3= Neutral
- 4= Agree
- 5= Strongly Agree



What types of organizations answered?	Yes	No	I don't know	Total
Health systems	5	1	11	16
Health Plans	1	0	1	2
Government	1	0	1	2
Behavioral Health	0	1	1	2
Community Organizations	0	1	1	2

What are the reasons you do not plan to or did not use the Bree Collaborative Guidelines?

1. *"We are a (Behavioral Health Association) BH ASO, not very practical to try to implement within our organization"*
2. *"Portions of the Bree Collaborative Guidelines are impractical for real world, private practice patient care. For example, having spine conferences with surgeons and therapists and psychiatrists has proven impossible in my community and patients are uninterested in traveling around to see the various specialties."*
3. *"My office does not provide healthcare coverage, but we do help our clients understand the idea and system of healthcare"*

# HEALTH SYSTEM SURVEY

DO YOU PLAN TO IMPLEMENT OR USE THE INFORMATION IN THE BREE COLLABORATIVE GUIDELINES IN YOUR SETTING IN THE FUTURE?





Questions about usefulness, goals, and objectives (N=11)	Health Care Systems	Health Plans	FQHCs/Critical Access Hospitals/Community Orgs
The use of the guidelines increased my understanding of the topic.	4.2	5.0	4.0
The use of the guidelines increased my/our confidence in decision making.	4.0	5.0	3.5
The patient recommendations provided our patients with increased knowledge about the topic.	3.5	4.0	3.3
I/we could easily identify appropriate goals from the Bree guidelines.	3.8	5.0	3.8
I/we would easily identify the objectives needed to reach goals in the Bree guidelines.	3.8	4.5	3.3

# HEALTH SYSTEM SURVEY





Questions about costs (N=11)	Health Care Systems	Health Plans	FQHCs/Critical Access Hospitals/ Community Orgs
The overall costs of the implementation project(s) were worth the benefits.	3.8	4.5	3.3
Any increases in workforce costs or workloads to implement guideline(s) was in proportion to the benefits.	2.8	4.5	3.0
The cost of implementing the guideline(s) was reasonable for our facility or organization.	3.0	4.0	3.3

# HEALTH SYSTEM SURVEY





# Data Capacity Survey - Participants



## Health Care Providers

- PeaceHealth
- Yakima Valley Farmworkers Clinic
- Confluence Health
- Seattle Children's
- Virginia Mason Franciscan Health
- Polyclinic
- MultiCare
- HealthPoint
- UW Medicine & UW Physicians

## Health Plans & Community Partners

- Community Health Plan of Washington
- United Healthcare

Questions for this survey were measured using a Likert scale.

Scale:

- 1= Strongly Disagree
- 2= Disagree
- 3= Neutral
- 4= Agree
- 5= Strongly Agree



Questions about understanding and ability to implement (N=11)	Health Care Systems	Health Plans	FQHCs/Critical Access Hospitals/Community Orgs
The use of the guidelines increased my/our UNDERSTANDING of what data should be captured and shared with others on my/our team.	4.0	4.0	3.0
From my perspective, the use of the guidelines increased our organizations ABILITY to implement data sharing solutions with other partners.	3.5	3.0	3.0
The use of the guidelines increased our organizations ABILITY to implement analytics capabilities.	3.7	4.0	3.0

# HEALTH SYSTEM SURVEY





Questions about goals (N=10)	Health Care Systems	Health Plans	FQHCs/Critical Access Hospitals/Community Orgs
The goals for REFERRALS were clear in all guidelines we used.	3.7	4.0	2.7
The goals for DATA TRANSPARENCY (such as sharing information with patients) were clear in all the guidelines we used.	3.2	4.0	2.7
The goals for DATA STANDARDIZATION were clear in all of the guidelines we used.	3.3	4.0	2.7
The goals for DATA AGGREGATION capabilities were clear in all guidelines we used.	3.4	4.0	2.7
The goals for DATA COLLECTION were clear in all of the guidelines we used.	3.6	4.0	3
The goals for POPULATION HEALTH MANAGEMENT were clear in all the guidelines we used.	3.8	4.0	3.3

# HEALTH SYSTEM AND DATA CAPACITY SURVEY





# Concordance of Care - Participants



## Health Care Providers

- The Everett Clinic/Polyclinic
- UW Medicine & UW Physicians
- MultiCare
- Kaiser Permanente
- HealthPoint
- Arbor Health Morton Hospital

## Health Plans & Community Partners

- Community Health Plan of Washington
- United Healthcare
- Office of the Superintendent of Public Instruction (OSPI)

The scale used to measure concordance of care is:

0 -No action taken

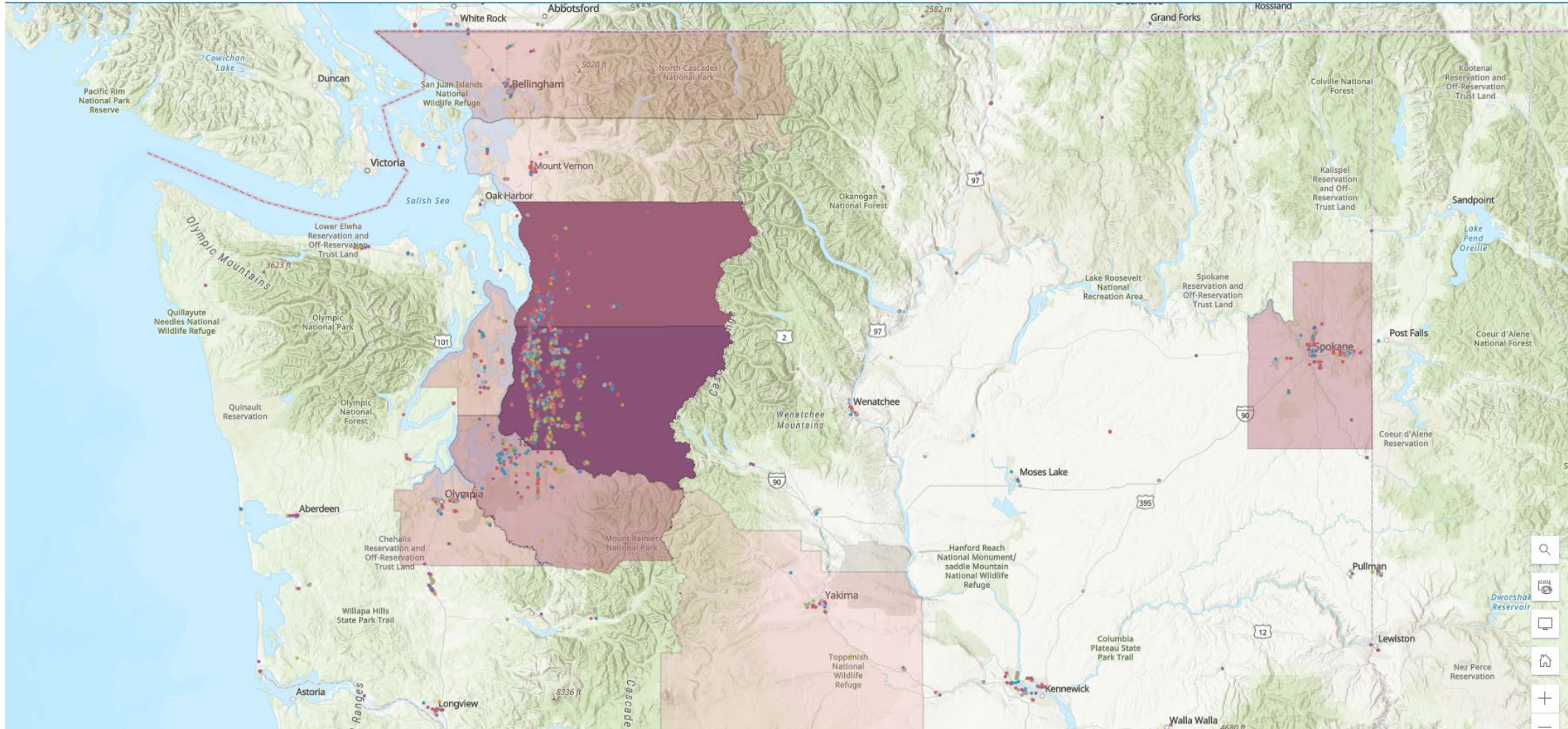
1 -Actively considering adoption

2 -Some/similar adoption

3 -Full adoption



# Concordance of Care - Geography





# Topics and Results

0 -No action taken

1 -Actively considering adoption

2 -Some/similar adoption

3 -Full adoption



- *Obstetrics Care (2012)* – 1.7/2.6
- *Spine/Low Back Pain (2013)* – 1.5/2.2
- *Prostate Cancer Screening (2015)* – 1.6/1.8
- *Oncology Care (Early and Inpatient, 2016 & 2020)* – 2.1/2.6
- *Addiction & Dependence Treatment (2015)*– 2.1/2.1
- *Opioid Prescriptions (Metrics, Acute, Older adults 2017, 2020, 2022)* – 1.4/2.5
- *End Of Life Care Planning (2014)* – 1.7/2.0
- *Avoidable Hospital Readmissions (2014)*– 2.6/2.6
- *LGBTQ Care (2018)* – 2.1/2.3
- *Alzheimer's and other Dementias (2017)* – 1.1/1.6
- *Pediatric Psychotropics (2016)*– 1.8/2.5
- *Telehealth (2021)*– 1.7/2.5
- *OLD Treatment (2017, in revision)* – 2.0/2.0
- *Behavioral Health Integration (2017)* – 1.8/2.5
- *Suicide Care (2018)*– 1.8/2.4
- *Cervical Cancer Screening (2021)*– 1.8/2.1
- *Pediatric Asthma (2023)* – 1.6/2.3
- *Hepatitis C (2022)*– 1.0/1.6
- *Outpatient Infection Control (2022)* – 2.1/2.4
- *Colorectal Cancer Screening (2020)*– 2.2/2.5
- *Reproductive Health (2020)* – 1.5/2.0
- *Palliative Care (2019)*– 1.8/1.9
- *Primary Care (2020)*– 2.1/2.5

Note: The first score is for all organizations that turned in a score card, the second is omitting missing data.



# Validation and Improvements



Report (n=3)	2016 Average	2023 Average	Difference
Addiction and Dependence Treatment	1.7	2.1	0.47
Obstetrics	1.7	2.7	1.00
Avoidable Readmissions	2.8	2.8	-0.08
End of life planning	2.1	2.0	-0.07
Opioid prescribing	0.8	1.5	0.70
Oncology care	1.5	2.8	1.27
Low back pain	1.9	2.0	0.08
Prostate Cancer Screening	1.9	2.2	0.23



# Equity



(N=6)	Overall	Health Care Delivery	Health plans
Overall	2.6	2.4	2.9
Demographics data collection	2.9	2.8	3.0
Social Determinants of Health data collection	2.6	2.2	3.0
Sexual Orientation and Gender Identity data collection	3.0	3.0	3.0
Uses data for QI projects	2.5	2.1	3.0
Uses data to stratify relevant metrics	2.3	2.3	2.4
Tribal Liaison	1.5	0.5	2.5



# Top BARRIERS and ENABLERS to Adoption



## ***Barrier and challenges***

- Multiple critical business needs that may not align with work of the Bree (1)
- Lack of a business case (1)
- Regulatory constraints (2)
- Internal Awareness/support of Bree Guidelines (2)
- Availability and credibility of data (3)
- Burden or ease of collecting data (3)

## ***Key success factors***

A clear business case and internal awareness of the Bree guidelines were also seen as the key factors in the successful implementation of guidelines, especially for health care providers. Other enabling factors varied by the type of organization. For health plans partnerships for value-based purchasing was also a key factor in their ability to implement guidelines.



# Key Lessons and opportunities



1. Variability still exists between rural and urban areas and is lower among health plans. The extent to which the HCA adoption is a driver of change in health systems should be further explored.
2. Once fully adopted, most Bree guidelines were sustainable. In general, guidelines that are not hospital-centric are adopted if their scope is narrow enough and/or if the actions are primarily aimed at health plans.
3. The Bree guidelines are very respected, and interest is high but internal awareness remains low. This is similar to the findings from the 2016 evaluation. The Bree staff is working on strategies to spread awareness of their guidelines.



# Key Lessons and opportunities



4. Data collection and data sharing of patient information outside of claims data remain a difficult challenge for organizations, creating cost/time burdens. Metrics were the least adopted guidelines, with the exception of the opioid metrics. Two barriers to data use were identified that require system-wide change rather than individual organizational change:
  - a. Standardization of data elements and metrics
  - b. Data extractions from EHRs
5. Lack of a business case for many Bree guidelines remains a challenge to adoption. It may be valuable for the Bree to consider how to support the development of business cases for future guidelines.



# Report Review Process

Emily Transue, MD, Bree Collaborative Chair





## General

- [LGBTQ HEALTH CARE](#)
- [PRIMARY CARE](#)
- [SHARED DECISION MAKING](#)
- [SDOH AND HEALTH EQUITY](#)
- [TELEHEALTH](#)
- [HEALTH IMPACTS OF EXTREME HEAT – coming 2024!](#)

## Aging

- [ALZHEIMER'S DISEASE AND OTHER DEMENTIAS](#)
- [END-OF-LIFE CARE](#)

## Behavioral Health

- [ADDICTION AND DEPENDENCE TREATMENT](#)
- [BEHAVIORAL HEALTH INTEGRATION](#)
- [OPIOID USE DISORDER TREATMENT – under review 2024](#)
- [PERINATAL BEHAVIORAL HEALTH](#)
- [BEHAVIORAL HEALTH: EARLY INTERVENTIONS FOR YOUTH – coming 2024!](#)
- [PEDIATRIC PSYCHOTROPICS](#)
- [RISK OF VIOLENCE TO OTHERS](#)
- [SUICIDE CARE](#)

## Oncology (Cancer)

- [CERVICAL CANCER SCREENING](#)
- [COLORECTAL CANCER SCREENING](#)
- [ONCOLOGY CARE: EARLY-STAGE TESTING](#)
- [ONCOLOGY CARE: INPATIENT SERVICE USE](#)
- [PROSTATE CANCER SCREENING](#)

## Reproductive Health

- [HYSTERECTOMY](#)
- [OBSTETRIC \(MATERNITY\) CARE](#)
- [PERINATAL BUNDLED PAYMENT MODEL](#)
- [REPRODUCTIVE AND SEXUAL HEALTH](#)

## Surgery and Bundle Payment Models

- [BARIATRIC SURGERY BUNDLE](#)
- [BARIATRIC SURGERY WARRANTY](#)
- [CORONARY ARTERY BYPASS GRAFT SURGICAL BUNDLE](#)
- [CORONARY ARTERY BYPASS GRAFT SURGICAL WARRANTY](#)
- [CARDIOVASCULAR HEALTH](#)
- [LUMBER FUSION BUNDLE AND WARRANTY](#)
- [TOTAL KNEE AND TOTAL HIP REPLACEMENT BUNDLE AND WARRANTY](#)

## Care Transitions

- [COMPLEX DISCHARGE](#)
- [HOSPITAL READMISSIONS](#)

## Chronic Disease Management

- [DIABETES CARE](#)
- [PEDIATRIC ASTHMA](#)

## Infectious Disease Management

- [HEPATITIS C VIRUS](#)
- [OUTPATIENT INFECTION CONTROL](#)

## Managing Pain

- [COLLABORATIVE CARE FOR CHRONIC PAIN](#)
- [DENTAL GUIDELINE ON PRESCRIBING OPIOIDS FOR ACUTE PAIN MANAGEMENT](#)
- [LOW BACK PAIN](#)
- [LONG-TERM OPIOID THERAPY](#)
- [OPIOID PRESCRIBING METRICS](#)
- [OPIOID PRESCRIBING IN OLDER ADULTS](#)
- [PALLIATIVE CARE](#)
- [PRESCRIBING OPIOIDS FOR POSTOPERATIVE PAIN](#)



# What are the issues?



1. No mechanism to understand **where each report stands**
2. Need a way to **update reports without convening a full workgroup**



# Guidelines International Network (GIN)

▲ Countries of Application

☐ Asia-Pacific countries

(3)

☐ Australia

(151)

☐ Belgium

(69)

☐ Canada

(263)

☐ China

(16)

Show more

▲ Guideline Publication Status

☐ Adapted

(4)

☐ Development

(197)

☐ Living guideline

(20)

☐ Planned

(3)

☐ Published

(2728)

☐ Replaced

(10)

☐ Under Review

(241)

☐ Withdrawn

(15)

Show less

▲ Languages

☐ Arabic

(1)

☐ Chinese

(18)

☐ Danish

(66)

☐ Dutch

(305)

☐ English

(1516)

## Clinical practice guideline for Psychosocial Interventions in Severe Mental Illness

### MeSH Terms:

Schizophrenia and Disorders with Psychotic Features (F03.700); Bipolar Disorder (F03.600.150.150); Psychotherapy (F04.754)

### Guideline Contact:

María José Vicente Edo (mjvicente.iacs@aragon.es)

### Publication Scope:

counselling

management

patient\_education

rehabilitation

### Countries of Application:

Spain

### Guideline Publication Status:

Withdrawn

### Languages:

English

Spanish

### Authors:

IACS (ES)

### Publication Year:

Slide 38



# Proposed Labels



Label	Definition	Example
<b>Active</b>	Active and relevant report and guidelines	Diabetes Care
<b>In Development</b>	New Topic currently undergoing workgroup process	Extreme Heat
<b><u>Needs</u> Major Revision</b>	New evidence emerged in the field to require a revision; Fundamental shift in approach	Alzheimer's & Other Dementias
<b><u>Under</u> Major Revision</b>	Currently being revised by the workgroup process	Treatment for OUD
<b>Needs Minor Revision</b>	Minor revisions including regulatory changes, update links, or updates in clinical guidelines referenced in the document	<i>Cardiovascular Health</i>
<b>Retired</b>	Report no longer relevant, or the topic no longer relevant for the Bree	<i>Hospital Readmissions</i>



# Major vs Minor Revision



## Major Revision

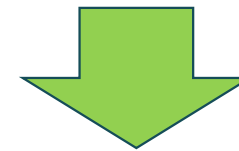
- New evidence requiring expert review changing how people practice
- Fundamental shift in approach or in care
- New emerging issues or changes in health problem (e.g., fentanyl)



**WORKGROUP**

## Minor Revision

- Updating language to match shift in the field
- Links to resources/guidelines are expired, new resources available to support efforts
- Background data is out of date



**NO WORKGROUP**



# Minor Revision Process



1. Bree Collaborative Members identify report as needing a minor revision
2. Bree Staff connect with small informal group of experts to confirm updates needed
3. Draft updates to report with feedback from experts
4. Public Comment Period
5. Hold an open public meeting to review updated guidelines and provide feedback
6. Updates presented to Bree Collaborative members at meeting for approval

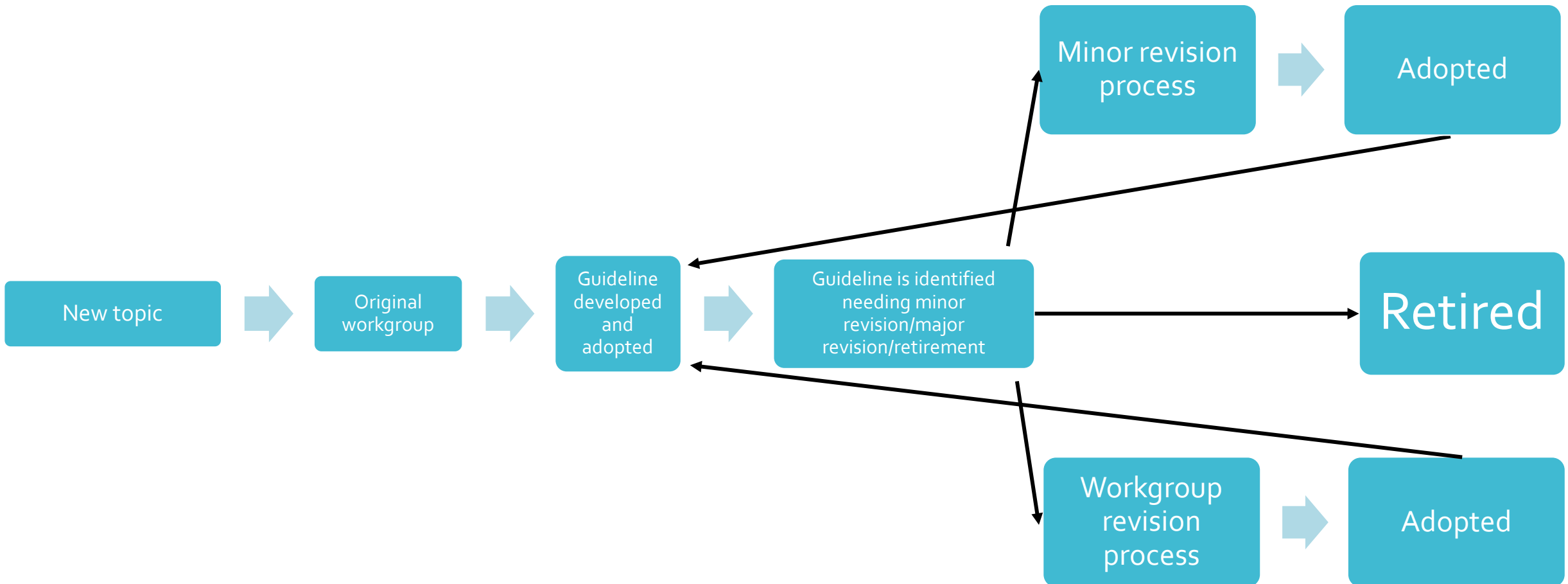


# Current Report Lifecycle





# Proposed New Report Lifecycle





# Discussion & Feedback

Please share your feedback on proposed new report lifecycle.



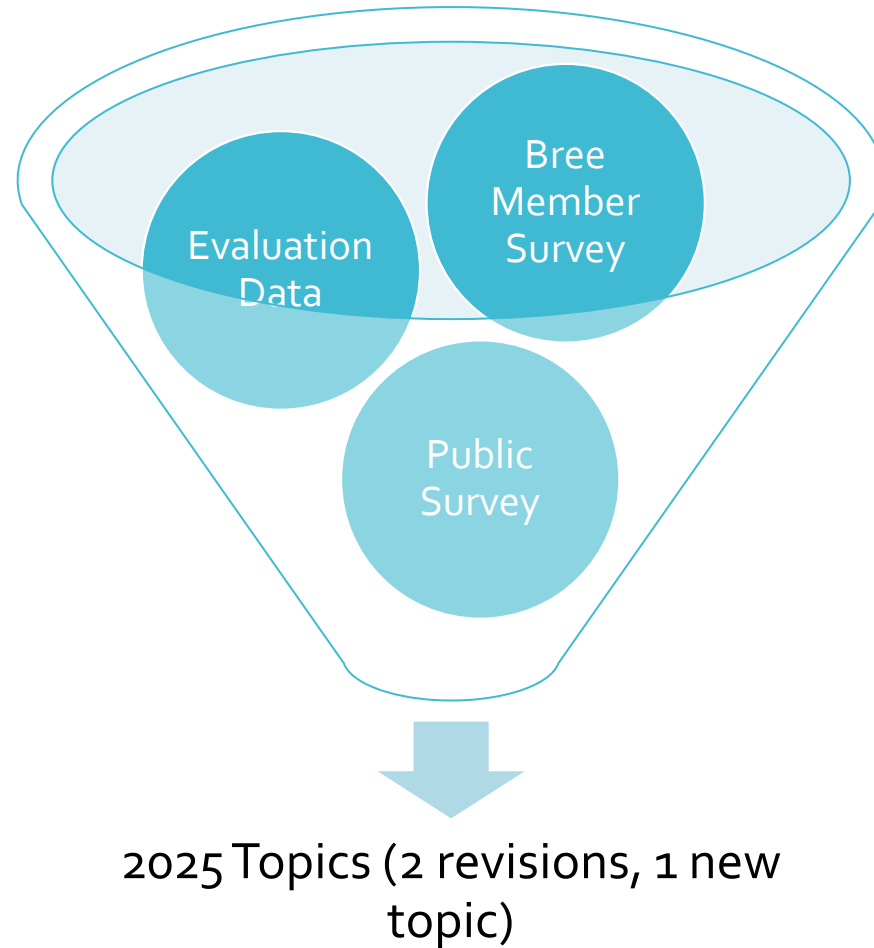


# Topic Selection Process 2025





# Topic Selection Process





# Timeline



March

- Overview the and report topic selection process lifecycle, adopt labeling schematic



April

- Release member survey
- Prep public survey

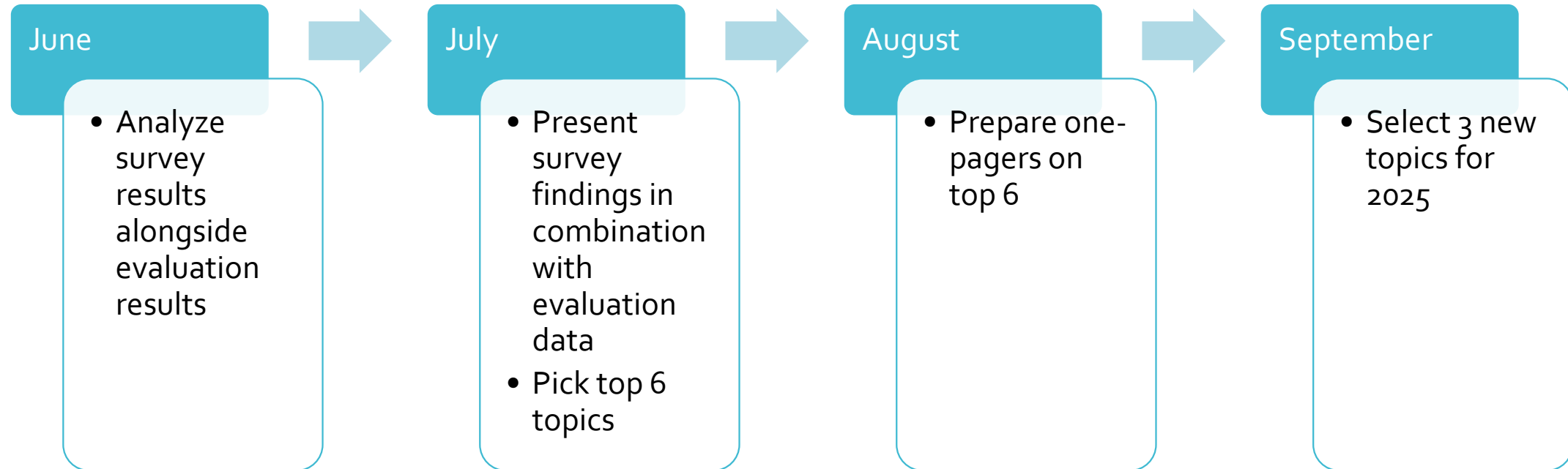


May

- Review survey results
- Release Public Survey



# Report Review Timeline





# The Ask



## Complete Bree Member Survey in **April**

- Top 5 Old Topics
- Suggest New Topics





# Implementation Updates

Emily Nudelman, DNP, RN, Transformation and Community Partnership Manager





- Bree Spotlight Webinars
  - Perinatal Behavioral Health
  - Diabetes Care
  - Complex Discharges
- Checklists are developed for 2023 reports and online
- Implementation tools and resources added as well

#### Complex Discharges Report Checklists

- Delivery Site and Health System Checklists: [Level 1](#), [Level 2](#), [Level 3](#)
- Health Plan Checklists: [Level 1](#), [Level 2](#), [Level 3](#)

#### Diabetes Care Report Checklists

- Delivery Site and Health System Checklists (Ambulatory Care): [Level 1](#), [Level 2](#), [Level 3](#)
- Health Care Professional Checklists: [Level 1A](#), [Level 1B](#), [Level 2](#)
  - Note: No level 3 for this audience

#### Perinatal Behavioral Health Report Checklists

- Delivery Site and Health System Checklists (Birthing Hospitals): [Level 1](#), [Level 2](#), [Level 3](#)
- Delivery Site and Health System Checklists(Outpatient Care Clinics): [Level 1](#), [Level 2](#), [Level 3](#)
- Health Care Professional Checklists: [Level 1](#), [Level 2](#), [Level 3](#)



# Resource Library



## Resource Library

**WELCOME**

**BARRIERS AND FACILITATORS**

**FISHBONE DIAGRAM**

**AIM STATEMENT**

**LOGIC MODEL**

**PDSA CYCLE**

**SUSTAINING CHANGE**

**PERSON FIRST LANGUAGE**

Welcome to our resource library! Here you can find tools and resources related to general implementation support and past Bree report topics. View the tabs on the side bar to access the material.

If you would like to meet with Bree staff for a technical assistance meeting, please email [bree@qualityhealth.org](mailto:bree@qualityhealth.org) to schedule an appointment.

<https://www.qualityhealth.org/bree/resource-library/>



# Implementation Guide



## NEW! Perinatal Behavioral Health

GUIDELINE INFORMATION
READ ON-LINE
IMPLEMENTATION CHECKLISTS BY AUDIENCE
RESOURCES AND TOOLS (COMING SOON)
METRICS AND EVALUATION TOOLS
EXAMPLES OF IMPLEMENTATION - IN DEVELOPMENT

**Guideline title:** Perinatal Behavioral Health

**Publication Status:** Current

**Date of last evidence search:** 2023

**Date for review:** TBD

**Scope:** education and communication; integrated behavioral health; care coordination; community linkage to social programs; expanded team roles.

**Methods:** (Data here)

**Description:** The Perinatal Behavioral Health topic was selected by Bree Collaborative members in September 2022 and a workgroup of clinical and community experts met from January 2022 to January 2023. The Bree recommendation focus areas are organized around identifying a person with or at risk for perinatal behavioral health needs and ensuring they receive appropriate treatment and follow-up care.



# Program Planning for 2024



- Working to understand the landscape for each topic
- Capacity to participate
- Staff Capacity





# Strengths of Bree



- A neutral convener
- Breaking down silos
- Connections
- Reliable source of information
- Collective action
- Across healthcare ecosystem





# Program Planning



Quality  
Improvement

Health Equity



Program Offerings



# Learning Labs



- Overview
- Design
- Topics
  - Event on April 24<sup>th</sup>
  - Event on May 16<sup>th</sup>
- CME





# Perinatal Behavioral Health



- Why?
- Summit
- When: Fall 2024 (September)
- Funding
- Current Status





# Health Equity Action Collaborative 2023 Recap



- 10 Organizations
- Topics: Behavioral Health Integration, Colorectal Cancer Screening, LGBTQ Care, Obstetric Care, Pediatric Asthma, Reproductive and Sexual Health, and SDOH.
- 7 months long





Statement	Average Score
I had a positive experience participating in the HEAC.	4.9
My goals of participating in the HEAC were met.	4.5
I utilized at least one Bree guideline into my organization's project implementation plan.	4.3
I applied health equity principles into the project implementation plan design.	4.4
I evaluated the relationships between SDOH, historical events, and current practices that may influence health outcomes of my population of focus through discussion and learning presentations.	4.6
I developed project planning skills for the implementation of guidelines.	4.6



Topics	Average Score on Pre-survey (n=35)	Average Score on Post-survey (n=8)
Bree Collaborative Reports	1.8	3.6
Finding sources of evidence (e.g., evidence-based recommendations, promising practices, practice-based evidence) to inform your project design	3.2	3.9
Completing a root cause analysis (i.e. Fishbone diagram)	2.5	4.1
Developing a Strategic, Measurable, Ambitious, Realistic, Time-bound, Inclusive, and Equitable (SMARTIE) aim statement	2.8	4.1
Developing a logic model	2.5	3.8
Measures & Metrics use and development	2.9	3.9
Developing Plan-Do-Study-Act cycles	2.8	3.6



# HEAC Comments





# Health Equity Action Collaborative



- 2023 Cohort
  - Quarterly meetings
- 2024 Cohort
  - 7 meetings to 8 meetings
  - May-December
  - Looking to begin recruiting soon
  - Information online

## Health Equity Action Collaborative



### About the Action Collaborative

Join Bree Collaborative Staff as a participant in the Health Equity Action Collaborative! During the collaborative, participants will receive support in taking their chosen health project from an idea to developing an implementation plan that can be enacted within their organization. Health equity will be centered in the design process through education, discussion, and peer engagement. The action collaborative is open to individuals working within the healthcare ecosystem (clinicians, delivery sites, QI teams, purchasers, plans, etc.) interested in improving health outcomes while promoting equitable practices.

### The Commitment

- 2-Hour-Long Meetings
- 8 Monthly Meetings
- May-December 2024
- Pre-meeting assignments
- Chosen health topic aligns with a Bree Report topic

### The Results

- Health Project Plan
- Equity at the forefront of the design
- Education on health equity
- Networking with peers

### What past participants have said:

- "The sessions are really well run, and I appreciate the support and feedback that Bree staff have offered in between sessions."
- "Great connections to colleagues from other organizations"
- "We will definitely continue to benefit from what we've learned."

### Join us!

Contact [bree@qualityhealth.org](mailto:bree@qualityhealth.org) for more information and to sign-up to participate. Meetings are scheduled to begin in early May.



# Questions





# Closing





# Public Comment



Please raise your  
hand to be called on

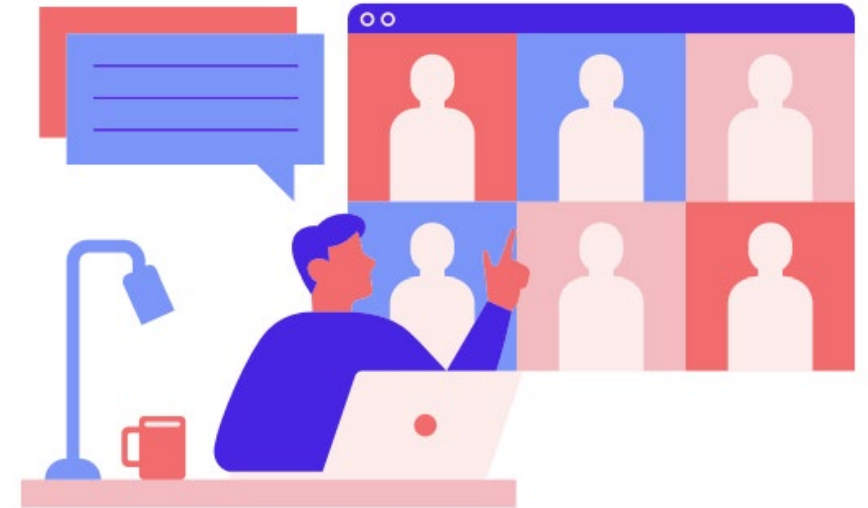




# Upcoming Events



- Learning Lab: Connecting with Latino Communities on Diabetes Care
  - Wednesday, April 24th 12-1:15 PM PT





# Final Reminder: The Ask for Bree Members



Complete Bree Member Survey  
when released in **April!**

Next Meeting **May 22<sup>nd</sup> 1-3PM**

