

Child Serving Systems of Care Framework

TABLE 2 Core Values and Guiding Principles in the System of Care (SOC) Framework¹³

Core values

Family and youth driven
Community based
Culturally and linguistically competent

Guiding principles

Comprehensive array of services and supports
Individualized, strengths-based services and supports
Evidence-based practices and practice-based evidence
Trauma informed
Least restrictive natural environment
Partnerships with families and youth
Interagency collaboration
Care coordination
Health—mental health integration
Developmentally appropriate services and supports
Public health approach
Mental health equity
Data driven and accountability
Rights protection and advocacy

Children families and caregivers, especially with social and emotional concerns, are served by a fragmented system of care. These systems do not communicate with each other, which makes coordinated, proactive care for children and families more difficult. The core values of systems of care framework are family and youth drive, community-based and culturally and linguistically inclusive care. It emphasizes individualizing comprehensive care, using evidence-based trauma-informed practices in the least restrictive environment, interagency collaboration and care coordination, mental health integration into physical healthcare, developmentally appropriate services and supports, and using data to drive practices and keep actors accountable.

This report and collection of guidelines are directed at the healthcare system, identifying actions necessary to identify and treat mild and moderate behavioral health concerns in children and youth as actors within this system.

Potential Audiences:

- Patients and Families
- Clinicians and Healthcare Professionals
 - Primary Care
 - Behavioral Health
- Primary Care Clinics
- Health Plans
- Purchasers
- Schools
- Department of Health, Public Health Agencies

Potential Focus Areas	
Patient Education/Provider Training and Capacity Building	<ul style="list-style-type: none"> - Patient and provider education on behavioral health (mental health and substance use) conditions - Pediatric primary care education and training on behavioral health - Behavioral health provider education and training on family-level interventions
Identification and Assessment	<ul style="list-style-type: none"> - Universal screening for behavioral health conditions, universal instruction in schools - Identification and assessment of risk factors, co-occurring conditions or concerns
Treatment & Management	<ul style="list-style-type: none"> - Evidence-informed treatment of identified behavioral health concerns - Management and monitoring of children and youth with identified behavioral health concerns - Use and expansion of telehealth/digital strategies - Operational systems to support population level management of children and youth with behavioral health concerns
Coordination and Communication	<ul style="list-style-type: none"> - Coordination of care and shared care planning between settings and actors - Data sharing systems and standards to support communication and coordination of care
Vulnerable Populations	<ul style="list-style-type: none"> - Access to care for rural communities - Special considerations and strategies for higher risk youth (e.g., LGBTQIA+, youth experiencing homelessness, trauma/ACEs)
Financial Strategies	<ul style="list-style-type: none"> - Financial strategies to incent early identification and treatment of children and youth with BH concerns. - Payment models to support integration of BH into pediatric primary care and school-based care - Financial strategies to increase availability of BH services for youth and children

Settings	Current State	Intermediate Steps	Ideal State
Primary Care			
Schools			
Community & Home			

Potential Speakers

- UW SMART Center
- Madrona Recovery Center
- Emergency Medicine
- DDA

- Child Welfare
- Children's Advocacy Center WA
- DCYF
- King County – Best Starts for Kids
- PAL?