Bree Collaborative | Surgical Patient Optimization

Tuesday October 7th, 2025 | 7-8:30AM Hybrid

Ty Jones, MD, Regence

Edie Shen, MD, Harborview

Vickie Kolios, MSHSA, CPHQ, SCOAP

MEMBERS PRESENT VIRTUALLY

Carl Olden, MD, Central Washington Family

Medicine

Nick Kassebaum, MD, SCOAP Irl Hirsch, MD, UW Medicine Andrea Allen, RN, HCA

Christina Stafie, MD, KP

STAFF AND MEMBERS OF THE PUBLIC

Beth Bojkov, MPH, RN, Bree Collaborative Karie Nicholas, MA, GDip, Bree Collaborative Emily Nudelman, DNP, Bree Collaborative Amelina Kassa, Foundation for Health Care Quality

WELCOME

Carl Olden, MD, workgroup chair, welcomed everyone to the Bree Collaborative Surgical Patient Optimization October Workgroup. Quorum was not reached, so minutes will be approved at next meeting.

PRESENT & DISCUSS: EVALUATION TOOLS & THEORY OF CHANGE

Beth transitioned the workgroup to invite Karie Nicholas, MA, GDip, to share requests regarding the evaluation tools and review the draft theory of change with workgroup members

Discussion

- Key impact measures and implementation barriers are correct
- Requesting feedback by oct 27th on theory of change and by nov 7th for evaluation framework

PRESENT & DISCUSS: IMPLEMENTATION CHECKLISTS

Beth transitioned the meeting to allow Emily Nudelman, DNP, RN, to review the implementation checklists with the workgroup. Emily Nudelman, DNP, RN, presented the implementation checklist tool to support the translation of the report by audiences listed in the report. The checklists guide where to begin and translate the Bree guidelines into action steps for that sector (i.e., clinician, health delivery site, health plan, purchaser, etc.). The action items have been arranged into levels 1, 2, and 3 to correspond to the difficulty level of implementing the action into the sectors' setting. Dr. Nudelman has drafted the checklist tool for some of the audiences listed in this report. Dr. Nudelman sought feedback on the draft and how each guideline was organized into the corresponding levels. Members were asked to join a breakout room representing an audience they either identify with or would like to provide feedback on. Bree staff facilitated reviewing the drafted checklist with the different breakout room participants. Bree staff will incorporate member feedback into the final design of the checklist.

See draft versions of the checklists on our website here.

PUBLIC COMMENT AND GOOD OF THE ORDER

Carl invited final comments or public comments, then thanked all for attending and their effort. The workgroup's next meeting will be on **Tuesday, November 4**th **from 7-8:30AM**, where we will review public comments and potential updates to the draft report and guidelines.

