
Bree Collaborative | First Episode Psychosis

October 1st 2025 | 3-4:30PM

Hybrid

MEMBERS PRESENT VIRTUALLY

Darcy Jaffe, ARNP (chair) WSHA
Brian Allender, MD, KC-BHRD
Tawnya Christiansen, MD, CHPW
Chivonne Mraz, LCSW, Regence
Carolyn Brenner, MD, Harborview Medical Center
Christina Warner, MD, Seattle Children's

Rebekah Woods, LMFT CMHS
Stephanie Giannandrea, MD, Confluence
Tobias Dang, MD, Kaiser Permanente
Sarah Kopelovich, PhD, UW
Cammie Perretta, MSW, LICSW, New Journeys

STAFF AND MEMBERS OF THE PUBLIC

Beth Bojkov, MPH, RN, Bree Collaborative
Karie Nicholas, MA, GDip, Bree Collaborative
Emily Nudelman, DNP, RN, Bree Collaborative
Mike Franz, MD, Regence

WELCOME

Beth Bojkov, Bree Collaborative, welcomed everyone to the October Bree Collaborative First Episode Psychosis Workgroup. The workgroup provided corrections to the August minutes.

Action: Motion to approve September minutes

Outcome: September minutes approved

Beth presented the public comment process to the workgroup. The report is currently up for public comment, and will be receiving comments **until 10/30 at 11:59PM**. At that point the workgroup will receive a full list of anonymized comments, and likely a summary of main themes. The workgroup will review these in advance of the meeting, and any recommended changes to the report and guidelines. Then we will discuss these at the November workgroup meeting.

PRESENT & DISCUSS: FEP IMPLEMENTATION CHECKLISTS

Beth transitioned the meeting to allow Emily Nudelman, DNP, RN, to review the implementation checklists with the workgroup. Emily Nudelman, DNP, RN, presented the implementation checklist tool to support the translation of the report by audiences listed in the report. The checklists guide where to begin and translate the Bree guidelines into action steps for that sector (i.e., clinician, health delivery site, health plan, purchaser, etc.). The action items have been arranged into levels 1, 2, and 3 to correspond to the difficulty level of implementing the action into the sectors' setting. Dr. Nudelman has drafted the checklist tool for some of the audiences listed in this report. Dr. Nudelman sought feedback on the draft and how each guideline was organized into the corresponding levels. Members were asked to join a breakout room representing an audience they either identify with or would like to provide feedback on. Bree staff facilitated reviewing the drafted checklist with the different breakout room participants. Bree staff will incorporate member feedback into the final design of the checklist.

See draft versions of the checklists on our website [here](#).

PRESENT & DISCUSS: EVALUATION TOOLS & THEORY OF CHANGE

Beth transitioned the workgroup to invite Karie Nicholas, MA, GDip, to share requests regarding the evaluation tools and review the draft theory of change with workgroup members. Karie asked for feedback on the following documents:

Materials	Ask	Due Date	How
Theory of Change	Provide comments and feedback	October 15th	email
Metrics	Measurement concept clarification and definition	October 15th	Email, during subcommittee, or in individual meetings
Evaluation Framework	Provide feedback on contents	November 1st	Email, during subcommittee, or in individual meetings

The workgroup then provided feedback on the draft theory of change:

- Inclusion of system-level impacts to things like incarceration rates would be beneficial
- Inclusion of system-level impact increase of commercial insurance coverage of CSC for FEP

The details of each concept in the theory of change will be explicit in the evaluation framework narrative document.

PUBLIC COMMENT AND GOOD OF THE ORDER

Beth invited final comments or public comments, then thanked all for attending. The workgroup's next meeting will be on Wednesday, November 5th 3-4:30PM.