



# AGENDA

## Menopause Workgroup

Wednesday March 11<sup>th</sup> 2026 | 2:30-4:00PM

[Join the meeting now](#)

Meeting ID: 247 093 541 468 2

Passcode: qE9qi2Zk

| Time        | Topic  | Facilitator   |
|-------------|--|---|
| 2:30 – 2:35 | Welcome<br>Approve January & February Minutes<br>Introductions as needed   | Nicole Saint Clair, MD,<br>FACOG<br>Regence<br><br>Beth Bojkov, MPH, RN<br>Bree Collaborative Staff |
| 2:35 – 2:45 | <b>Review:</b> NICE Guidelines – Menopause<br><br><b>Materials:</b> <ul style="list-style-type: none"> <li><a href="#">NICE Guideline</a></li> </ul>   | Nicole Saint Clair, MD,<br>FACOG<br>Regence<br><br>Beth Bojkov, MPH, RN<br>Bree Collaborative Staff |
| 2:45 – 3:25 | <b>Present &amp; Discuss:</b> Desired Outcomes, Focus Areas, and Workplan<br><br><b>Materials:</b> <ul style="list-style-type: none"> <li>Menopause-Workplan-0311</li> </ul>   | Nicole Saint Clair, MD,<br>FACOG<br>Regence<br><br>Beth Bojkov, MPH, RN<br>Bree Collaborative Staff |
| 3:25 – 3:45 | <b>Focus Area 1:</b> Detection & Assessment<br><br><b>Materials:</b> <ul style="list-style-type: none"> <li><a href="#">International Menopause Society’s Practitioner Toolkit</a></li> <li><a href="#">The Association of Race, Ethnicity, and Socioeconomic Status on the Severity of Menopause Symptoms: A Study of 68,864 Women</a></li> </ul> | Nicole Saint Clair, MD,<br>FACOG<br>Regence<br><br>Beth Bojkov, MPH, RN<br>Bree Collaborative Staff |
| 3:45 – 3:55 | <b>Present:</b> Evaluation Subcommittee  | Karie Nicholas, MA, GC<br>Bree Collaborative Staff  |
| 3:55 – 4:00 | Public Comment<br>Closing and Next Steps   | Nicole Saint Clair, MD,<br>FACOG<br>Regence<br><br>Beth Bojkov, MPH, RN<br>Bree Collaborative Staff |

**Next Meeting:** Wednesday April 8<sup>th</sup>, 2026 | 2:30-4:00PM **IN PERSON**