



AGENDA

Menopause Workgroup

Wednesday May 13th 2026 | 2:30-4:00PM Hybrid

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Meeting ID: 247 093 541 468 2

Passcode: qE9qi2Zk

Time	Topic	Facilitator
2:30 – 2:35	Welcome	Nicole Saint Clair, MD, FACOG Regence
	Approve April Minutes	
		Beth Bojkov, MPH, RN Bree Collaborative Staff
2:30 – 2:35	Review Workplan & Desired Outcomes	Beth Bojkov, MPH, RN Bree Collaborative Staff
	Materials:	
	<ul style="list-style-type: none"> Desired Outcomes 	
2:35 – 3:05	Review & Discuss: Recognition & Assessment Guidelines	Nicole Saint Clair, MD, FACOG Regence
	Materials:	
	<ul style="list-style-type: none"> Recognition & Assessment Draft Guidelines 	Beth Bojkov, MPH, RN Bree Collaborative Staff
3:05 – 3:15	Present & Discuss: Menopausal Hormone Therapy Ev Review	Nicole Saint Clair, MD, FACOG Regence
	Materials:	
	<ul style="list-style-type: none"> Menopause-Guidelines-Research-Comparison Contemporary Management of MHT Menopause Management: When Hormone Therapy is Appropriate Fezolinetant & Elizanetant Therapy 	Beth Bojkov, MPH, RN Bree Collaborative Staff
3:15 – 3:50	Present & Discuss: Management (MHT) Guidelines	Nicole Saint Clair, MD, FACOG Regence
	Materials:	
	<ul style="list-style-type: none"> Draft MHT Management Guidelines 	Beth Bojkov, MPH, RN Bree Collaborative Staff
3:50 – 4:00	Public Comment Closing and Next Steps	Nicole Saint Clair, MD, FACOG Regence
		Beth Bojkov, MPH, RN Bree Collaborative Staff

Next Meeting: Wednesday June 10th, 2026 | 2:30-4:00PM Hybrid