



# AGENDA

## Alzheimer's and Other Dementias Revision Workgroup

Monday July 20<sup>th</sup> 2026 | 2:30-4:00PM | **IN PERSON**

**In Person:** [Industrious, 400 University Street, Floor 3, Room 3B, Seattle, WA 98101](#)

**Virtual:** [Join the meeting now](#)

Meeting ID: 255 943 922 673 8

Passcode: eK6Nf7Mn

| Time        | Topic                                                                                                                                                                | Facilitator                                                                                                         |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| 2:30 – 2:35 | Welcome<br>Approve July Minutes<br>Review Workgroup Progress                                                                                                         | Kris Rhoads, PhD<br>UW Memory and Brain Wellness Center<br><br>Emily Nudelman, DNP, RN<br>Bree Collaborative Staff  |
| 2:35 – 2:50 | <b>Present:</b> Cognitive Resilience in Risk Reduction and Care <ul style="list-style-type: none"><li>Nancy Isenberg, MD, Swedish Neuroscience Institute</li></ul>   | Kris Rhoads, PhD<br>UW Memory and Brain Wellness Center                                                             |
| 2:50 – 3:30 | <b>Working Session:</b> Risk Reduction<br><br><b>Materials</b> <ul style="list-style-type: none"><li>Evidence Review &amp; Risk Reduction Draft Guidelines</li></ul> | Kris Rhoads, PhD<br>UW Memory and Brain Wellness Center                                                             |
| 3:30 – 3:55 | <b>Review:</b> Remaining Focus Areas<br><br><b>Materials</b> <ul style="list-style-type: none"><li>2017 Report &amp; Recommendations</li></ul>                       | Kris Rhoads, PhD<br>UW Memory and Brain Wellness Center<br><br>Emily Nudelman, DNP, RN<br>Bree Collaborative Staff  |
| 3:55 – 4:00 | Public Comment<br>Closing and Next Steps                                                                                                                             | Kris Rhoads, PhD,<br>UW Memory and Brain Wellness Center<br><br>Emily Nudelman, DNP, RN<br>Bree Collaborative Staff |

**Next Meeting:** Monday September 14<sup>th</sup>, 2026 | 2:30-4:00PM Hybrid