



AGENDA

Perimenopause and Menopause Workgroup

Wednesday August 12th 2026 | 2:30-4:00PM Hybrid

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Meeting ID: 247 093 541 468 2

Passcode: qE9qi2Zk

Time	Topic	Facilitator
2:30 – 2:35	Welcome Approve July Minutes	Nicole Saint Clair, MD, FACOG Regence
2:35 – 2:45	Present: Women's Commission Priorities Samantha Grono, Women's Commission	Nicole Saint Clair, MD, FACOG Regence
2:45 – 3:05	Present: Example of an Employer Approach to Menopause Amy Laurent, MSPH, Microsoft	Nicole Saint Clair, MD, FACOG Regence
3:05 – 3:15	Present: Brief Evidence Review Materials Workplace Supports Evidence Review	Nicole Saint Clair, MD, FACOG Regence Beth Bojkov, MPH, RN Bree Collaborative Staff
3:15– 3:45	Review & Discuss: Workplace Supports Guidelines	Nicole Saint Clair, MD, FACOG Regence Beth Bojkov, MPH, RN Bree Collaborative Staff
3:45 – 3:55	Review & Discuss: Quality Measurement	Karie Nicholas, MA, GDip Bree Collaborative Staff
3:55 – 4:00	Closing Public Comment Next Steps	Nicole Saint Clair, MD, FACOG Regence Beth Bojkov, MPH, RN Bree Collaborative Staff

Next Meeting: **Wednesday September 9th, 2026 | 2:30-4:00PM** **IN PERSON** (Virtual Available)

400 University Street
Suite 300, Room 3B
Seattle, WA 98101