

**Addressing Stigma & Bias Workgroup Meeting  
Thursday, November 19<sup>th</sup>, 2020, 4 PM PT**

Zoom Video:

<https://us02web.zoom.us/j/9695332832?pwd=WUxZVWpBUGwwNEdlaUk0ck10SEExqUT09>

Passcode: 98104

Dial 312 626 6799 Meeting ID: 969 533 2832

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### MATERIALS

October Minutes, November Agenda, November Action Plan Worksheet, Addressing Stigma & Bias Workgroup Year End Summary (Draft)

### AGENDA

- 4:00 Approve October Minutes | *Anita Sulaiman*
  
- 4:05 Project Plan Updates | *Anita Sulaiman*
  - Project Plan (See Action Plan Worksheet):
    - Goal #1: Create Awareness Campaign around stigma & bias
    - Goal #2: Identify behavioral health sub-topics:
      - *LGBTQIA+ Healthcare*
      - *Suicide Prevention*
    - Goal #3: Determine areas where tools & resources already developed by BREE Collaborative can be implemented
    - Goal #4: Promote training for providers that will address stigma & provider bias, particularly towards people within the target communities
  
- 4:30 Annual Review: Progress of workgroup (includes work plan review) & 2021 Plan | *Anita Sulaiman*
  - Not an evaluation. Purpose is to check: Are we on course? What have we accomplished? Any goals missed? What tactics & activities to sunset or continue?
  - Workgroup Chairs will present the reviews at the November 20 Steering Committee Meeting for discussion & feedback.
  - Discuss draft ASBW Year End Summary
  
- 4:45 Social time
  - Introductions. Get to know each other.
  
- 4:55 Next Steps & Action Items

Next Meeting: December 17, 4:00 - 5:00 PM

#### **PURPOSE:**

Partnering with our sister program, the BREE Collaborative, the Addressing Stigma & Bias (ASB) Workgroup was created to raise awareness of access issues faced by certain segments of the population in Washington state related to health insurance coverage & policies within the healthcare system that contribute to stigma and bias.

The workgroup will identify and address the barriers to access with a view to initiating a culture shift at the system level, improving patient safety, and reducing health disparities.

Focus areas:

- LGBTQIA+ Healthcare
- Suicide Prevention

#### **GOALS:**

1. *To create an awareness campaign on stigma and bias and how they impact access to healthcare.*
2. *To identify sub-topics under the behavioral health umbrella, e.g. suicide, that will form our target communities.*
3. *To determine areas where tools and resources already developed by the BREE Collaborative can be implemented.*
4. *To promote existing trainings for providers that will address stigma and provider bias, particularly towards people within the target communities.*

Target Completion: December 17, 2020.

#### **KEY STRATEGIES:**

1. Leverage skills, background, and network of ASB Workgroup members, including WPSC & BREE staff.
2. Employ existing BREE Collaborative tools and resources.
3. Identify potential partners, their value and how best to engage them

## ACTION PLAN (November 2020)

Goal	Deliverable	To-Do/Decision	Status	Time Frame
<b>1) Create Awareness Campaign around stigma &amp; bias</b>	<ol style="list-style-type: none"> <li>Webinar Series</li> <li>Podcast</li> <li>Blog Post</li> <li>Flyers/shareable content pieces</li> <li>Survey results post webinar</li> <li>Sharing of materials with member organizations</li> </ol>	<ol style="list-style-type: none"> <li>Webinar series: No To-Do/Decision</li> <li>Event recordings available: SL to post online as a resource (Vimeo)</li> <li>Podcast (Patient bias/stigma experience): SL: Find patient(s)</li> <li>Blog: Ginny: Confirm?</li> <li>Webinars: JM: share survey/evaluation results w gp</li> <li>Safe Table: Topics: Group to send SL add'l ideas if any. Invitees: SL: cont. working on invitees.</li> <li>Work on ASBW page to house resources (links/graphics from 101520 meeting, incl. mental health video - S'pore IMH)</li> </ol>	<ol style="list-style-type: none"> <li><b>Completed.</b> Successful.</li> <li>SL: To update</li> <li>SL: To update</li> <li>AS: To update</li> <li>JM: To update</li> <li>WIP. SL working on invites. Tentative date December 10; may be pushed out.</li> <li>SL: To update &amp; send link to group.</li> </ol>	<ol style="list-style-type: none"> <li>Recordings: November</li> <li>Podcast: Q1 2021</li> <li>Blog: TBA</li> <li>Surveys: November</li> <li>Safe table: Dec 10</li> <li>Resource Library: TBA</li> </ol>
<b>2) Identify sub-topics &amp; target communities</b>	Sub-topics are: <ul style="list-style-type: none"> <li>LGBTQIA+</li> <li>Suicide Prevention</li> </ul>	<ol style="list-style-type: none"> <li>Work with Bree implementation on how we can assist in advancing their work on these topics</li> <li>Promote existing webinars and materials</li> </ol>	<ol style="list-style-type: none"> <li>Ongoing</li> <li>Ongoing</li> </ol>	<ol style="list-style-type: none"> <li>2021: Can reassess focus areas &amp; target communities</li> </ol>
<b>3) Determine areas where already developed BREE tools &amp; resources can be implemented</b>	<ol style="list-style-type: none"> <li>List of BREE tools &amp; resources</li> <li>Implementation</li> </ol>	<ol style="list-style-type: none"> <li>Identify available tools &amp; resources</li> <li>Add to WPSC website, <b>ASBW page</b></li> </ol>	<ol style="list-style-type: none"> <li>On-going. Bree Recommendations added to website: Confirm? (See Oct meeting minutes.)</li> <li>Website being reviewed week of 11/16</li> </ol>	<ol style="list-style-type: none"> <li>December</li> <li>December</li> </ol>
<b>4) Promote training to address stigma &amp; provider bias</b>	<ol style="list-style-type: none"> <li>Provide organizations an opportunity to present at a WPSC steering committee</li> <li>Promote training websites and information in newsletters &amp; on website</li> </ol>	<ol style="list-style-type: none"> <li>Connect with organizations that provide trainings</li> <li>Identify trainings</li> <li><b>Partner with other orgs to produce educational events (Note: New bullet)</b></li> <li>Determine: How formally do we promote?</li> </ol>	<ol style="list-style-type: none"> <li>Identified UWMC: curriculum. JM/AE reaching out to them.</li> <li>3 webinars <b>completed</b> (2020)</li> <li>Promote through: i) Link to our website ii) Add to resource library</li> <li>Annual We Can Do Better Conference: SL: Info to Steering Committee: Completed 10/13</li> </ol>	<ol style="list-style-type: none"> <li>11/27</li> <li>Promotion: Ongoing</li> </ol>