



Epic: Maternal Mental Health Documentation Tip Sheet

1. Documenting the *Edinburgh Postnatal Depression Scale (EPDS) Scores*

	1103	1130	1400
Postpartum Depression Screening			
Depression Screening Completed?	Completed b...	Completed b...	Complete  
Edinburgh Depression Screening - In the past 7 days:			
I have been able to laugh and see the funny side of things	1	0	2
I have looked forward with enjoyment to things	1	0	3
I have blamed myself unnecessarily when things went wrong	0	0	1
I have been anxious or worried for no good reason	3	0	1
I have felt scared or panicky for no good reason	2	0	2
Things have been getting on top of me	1	0	2
I have been so unhappy that I have had difficulty sleeping	0	0	1

NOTE: Total EPDS Score is calculated. Question 10 and EPDS Score Total alerts based on EPDS algorithm.

v/Labor Asse...
Laboring
Recovery
Postpartum Assessment
Daily Care/Safety
IV Assessment
Postpartum Depression...
Postpartum Depres...

☐ Accordion
☐ Expanded
☒ View All

1m 5m 10m 15m 30m 1h 2h 4h 8h 24h Interval Start: 0700 Reset Now

Admission (Current) from 6/7/2023 In...
6/8/2023 6/9/2023
1731 1400 Last Filed

Postpartum Depression Screening
Depression Screening Completed? Completed by P... Completed by Pati...
Edinburgh Depression Screening - In the past 7 days:
I have been able to laugh and see the funny side of things 1 1
I have looked forward with enjoyment to things 1 1
I have blamed myself unnecessarily when things went wrong 2 2
I have been anxious or worried for no good reason 1 1
I have felt scared or panicky for no good reason 2 2
Things have been getting on top of me 3 3
I have been so unhappy that I have had difficulty sleeping 2 2
I have felt sad or miserable 2 2
I have been so unhappy that I have been crying 2 2
The thought of harming myself has occurred to me 2 2
Edinburgh Depression Screening Total Score 18 18
Edinburgh Depression Screening Intervention
Intervention Notify OB Provi... Notify OB Provide...

6/8/23 1731
Edinburgh Depression Screening...
18

EPDS Score < 10 - Normal/Negative Screen:
RN
• Provide verbal and written education about risks/incidence.
• Use clinical judgment regarding need for SW referral, regardless of EPDS score.
EPDS Score 10-12 - At-Risk for Depression and/or Anxiety
RN
• Discuss results and provide education.
• Make SW referral within two hours of patient completion of questionnaire.
• Notify OB provider of EPDS score & recommend follow up for re-screen within 2 weeks.
SW
• Perform face-to-face screening for additional needs, or if necessary, by phone post discharge.
EPDS Score >= 13 - Major Risk for Depression and/or Anxiety
RN
• Make SW referral.
• Notify OB provider of EPDS score & recommend follow up for re-screen within 2 weeks.
• Document details of above conversation in EHR.
• Hold discharge until SW/psychiatric assessment and discharge plan complete.
• Appointment for re-screen within 2 weeks, established prior to discharge, by OB Provider or PCP.

2. Documenting the *EPDS Interventions*

labor Asse... Laboring Recovery Postpartum Assessment Daily Care/Safety IV Assessment Postpartum Depression... Postpartum Depres...

☐ Accordion ☐ Expanded ☒ View All

1m 5m 10m 15m 30m 1h 2h 4h 8h 24h Interval Start: 0700 Reset Now

Admission (Current) from 6/7/2023 in...
6/8/2023 1731 6/9/2023 1400 Last Filed

Postpartum Depression Screening			
Depression Screening Completed?	Completed by P...	Completed by Pati...	
Edinburgh Depression Screening - In the past 7 days:			
I have been able to laugh and see the funny side of things	1	1	
I have looked forward with enjoyment to things	1	1	
I have blamed myself unnecessarily when things went wrong	2	2	
I have been anxious or worried for no good reason	1	1	
I have felt scared or panicky for no good reason	2	2	
Things have been getting on top of me	3	3	
I have been so unhappy that I have had difficulty sleeping	2	2	
I have felt sad or miserable	2	2	
I have been so unhappy that I have been crying	2	2	
The thought of harming myself has occurred to me	2	2	!
Edinburgh Depression Screening Total Score	18	18	!
Edinburgh Depression Screening Intervention			
Intervention	Notify OB Provi...		Notify OB Provide...

6/9/23 1400

Intervention

Select multiple options (F5)

Notify OB Provider
Notify Social Worker
None
Other (Comment)

Comments (Alt+M)

Row Information

Last Filed Values (24 hours)
Notify OB Provider; Notify Social Worker
by Vanna Chiem at 6/8/23 1731

First Filed Value
Notify OB Provider; Notify Social Worker
by Vanna Chiem at 6/8/23 1731

Flowsheet Information

NOTE: Select “Notify OB Provider” and “Notify Social Worker” as interventions per the EPDS Algorithm.

3. Documenting *PMAD* Education

The screenshot displays the EHR interface for documenting education. The top navigation bar includes tabs for Summary, Chart Review, Results, Work List, MAR, History, Flowsheets, Education (highlighted with a red box and number 1), Care Plan, Orders, Charge Capture, PDMP Review, Intake/Output, Triage/..., Delivery Su..., Discharge, and Enter... The left sidebar shows a tree view of education topics. Under 'CHI Post Partum', 'Self-Care' is selected (highlighted with a red box and number 2), and 'Psychosocial changes' is checked (highlighted with a red box and number 3). The main content area shows the 'CHI Post Partum' section with a 'Self-Care' tab and a description for 'Psychosocial changes'. The right sidebar lists 'Patient Materials' including 'Postpartum Care After Vaginal Delivery (English)', 'Postpartum Care After Cesarean Delivery (English)', 'Postpartum Hypertension (English)', 'Psychosocial changes', and 'Perinatal Depression (English)'. A pop-up window titled 'Learners' is open, showing fields for 'Learners' (Patient, Family, Significant Other, Caregiver, Other, Mother, Father, Guardian, Foster Parent), 'Readiness' (Eager, Acceptance*, Nonacceptance, Refuses), 'Method' (Explanation, Demonstration, Handout, Interpreter, Video, Class/Group, Teach-Back*), and 'Response' (Verbalizes Understanding, Demonstrated Understanding, Needs Reinforcement, No Evidence of Learning, Refused Teaching, Successful Teach-Back*). The 'Response' field is highlighted with a red box and number 5. Below the 'Response' field is a text area for 'Enter a comment for all selected points'. The 'Taught by:' field is filled with 'CHIEM-TONG, VANNA', the date is '5/8/2024', and the time is '1707'. The 'File (1)' button is highlighted with a red box and number 6. At the bottom right, the 'Document' button is highlighted with a red box and number 4.

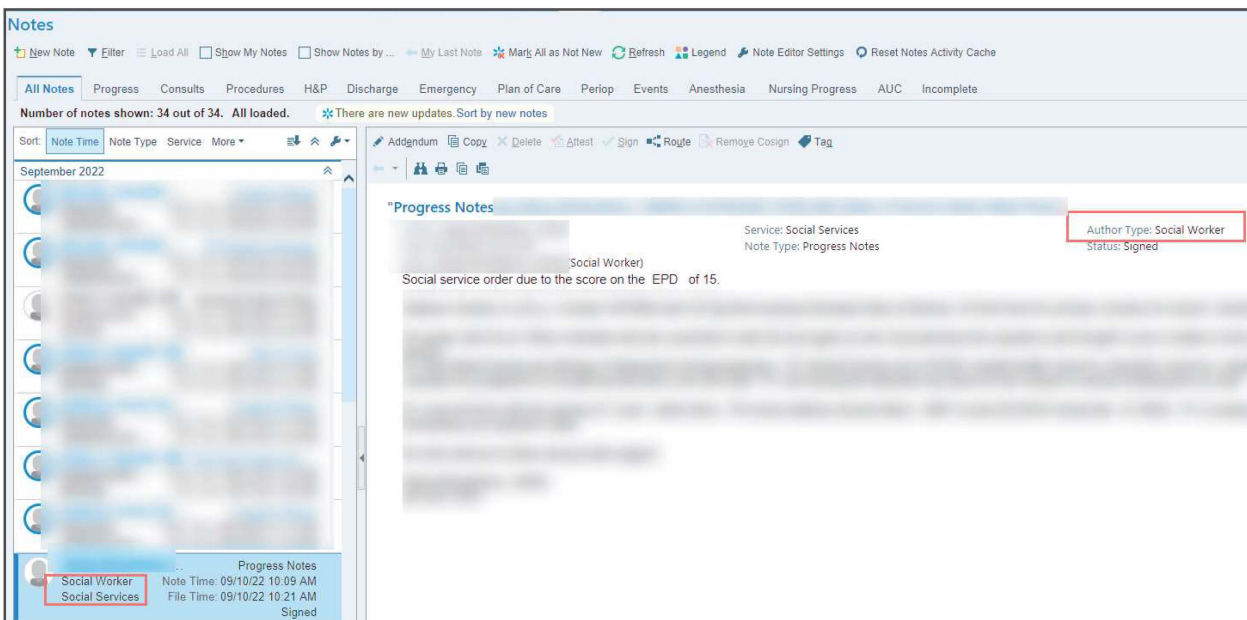
- Document education in CHI Postpartum -> Self-Care -> *Psychosocial changes*.
- Complete all of the documentation fields.
- **NOTE:** As with all nursing education, documentation of patient "Response" indicating receipt of the education is required.
- Select "File"

4. Social Services Documentation

Order for Social Work Consult



Social Work Note Example



NOTE: A note completed by Social Work, Care/Case Management, Psychiatry or Psychology meets criteria for “Social Services Documentation.”