



Virginia Mason™

Executive Leaders' Role in Root Cause Analysis

Presented by:

Karen M. Markwith RN, MJ, CPHRM, CHSP
Director, Quality and Patient Safety

Denise Dubuque RN, MHA
Vice President, Patient Care Services

Learning Objectives



Understand the importance of a Root Cause Analysis (RCA)



Learn how the executive's role increases RCA effectiveness



Review Virginia Mason's RCA process in response to adverse events



Review the importance of executive leadership in promoting accountability

Today's Outline

1

Introduce a Case Study

2

What is Root Cause Analysis (RCA)

3

Why RCA is Important

4

RCA Process Steps

5

RCA as Part of Virginia Mason
Patient Safety Alert System

6

Back to the Case Study & Role of
Executive Leader

7

Lessons Learned

Case Study: Retained Foreign Object (RFO)

Introduce a Case Study

- 84 year old surgical patient
- Patient complained of shortness of breath post-operatively
- Assessment indicated suspicion for a retained surgical sponge
- Re-operation with removal of a sponge a few days later
- No RFOs at Virginia Mason since 2012 with 50,000+ operations
 - *Industry research says hospitals average one RFO per year*
 - *RFO is reportable to DOH*

Our Next Step:
Use RCA to study and prevent future RFOs

What is Root Cause Analysis?

What is RCA

A structured problem-solving technique that results in one or more corrective actions to prevent reoccurrence of an event

- Techniques involve an evidence-based understanding of the fundamental causes of error and the event
- A key management role for correcting serious deviations of outcomes from expectations
- Time/resource intensive, e.g. days-to-weeks

The goal of a Root Cause Analysis is a Root Solution

- What happened?
- Why did it happen?
- What can you do to prevent it from happening again?

Why is Root Cause Analysis Important?

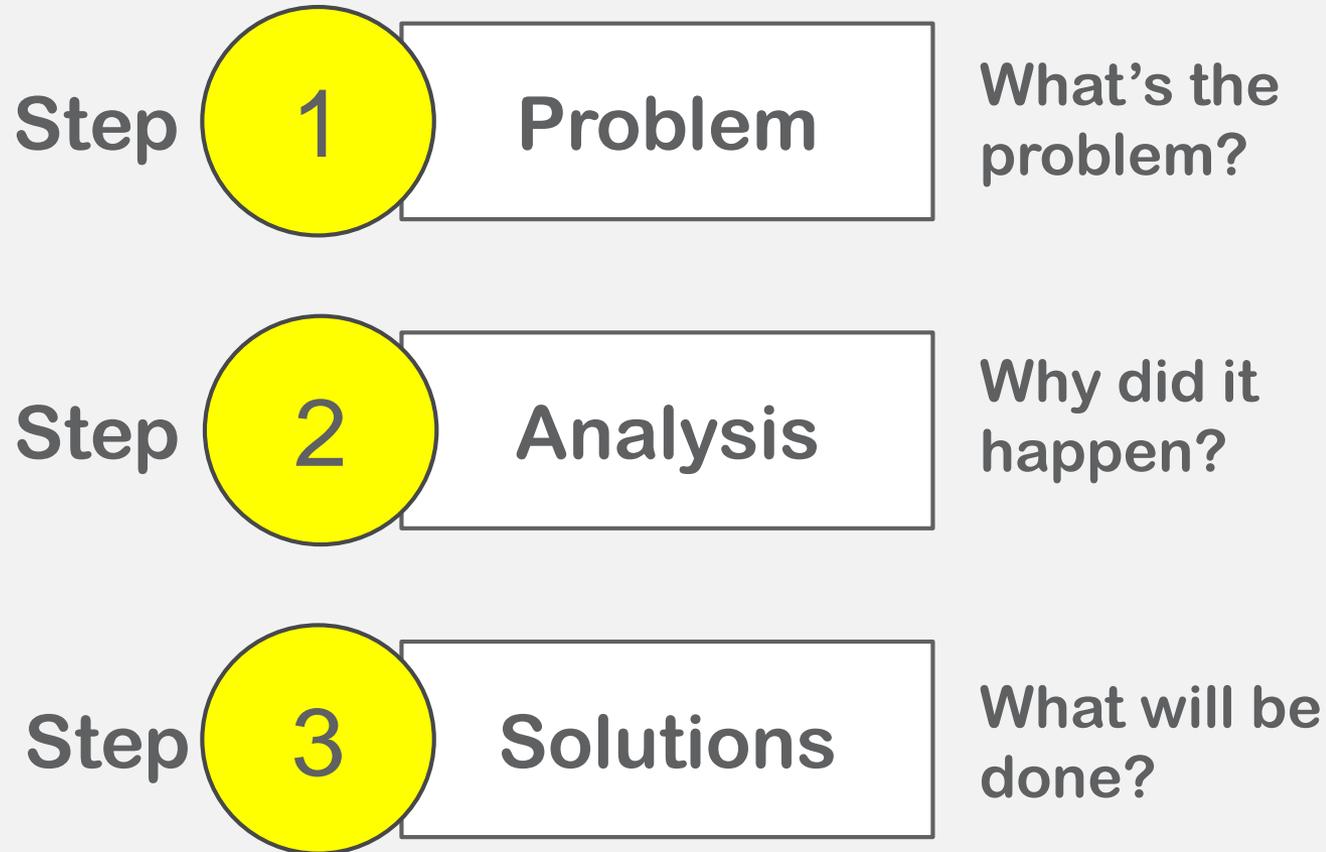
Why RCA is Important

A process to solve and prevent serious events from happening in the future

- *Patient Satisfaction & Trust*
- *Risk Mitigation*



RCA Three Meeting Model



Step 1: State the Problem

RCA Process Steps

What = Problem(s)

When = Date/time/different, unusual, unique

Where = Facility/site/tasks being performed

Impact to Goals = Specific to goals of safety

Frequency = Effect of re-occurrence

Step 2: Analysis

RCA Process Steps

Why Why Why Why Why.....

- Conduct Interviews
- Research Evidence Based Practice
- Perform Gap Analysis
- Complete Cause and Effect Diagram
 - What sequence of events led to the problem?
 - What conditions allowed the problem to occur?

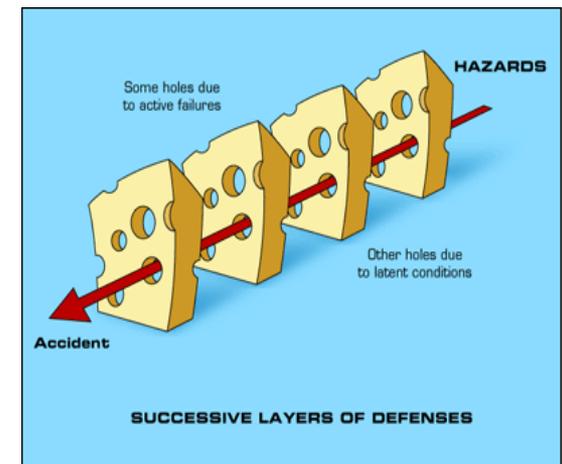
Step 3: Solutions -Corrective Action Plans

RCA Process Steps

- What can you do to prevent the problem from happening again?
- Establish corrective action plan
 - How will the corrective actions be implemented?
 - Who will be responsible for them?
 - Risks of implementation of solutions?
- Failure mode and effects analysis (FMEA)
- Process Improvement

Root Cause Analysis Process

- RCA reveals shortcomings embedded in standards, expectations, procedures, processes, and behaviors.
- Shortcomings are the “holes in the Swiss Cheese” all of which aligned and resulted in the event
- Holes in the Swiss Cheese must be fixed to prevent event from happening again



Best-Practice RCA

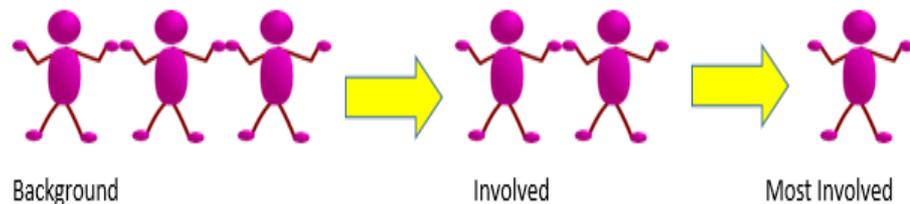
- Root Cause Analysts trained in RCA techniques
- Executive Owner & Operational leader own and lead
- Scope for event investigation
- Conduct 1:1 fact finding interviews
- Use appropriate analytical tools
- Understand failure modes
- Corrective Actions to Prevent Reoccurrence (CATPR) with single person accountability and operational ownership
- Robust safety alert/lessons learned process

Best-Practice RCA

Use a three meeting model - rapid response to safety events

- Meeting 1: Identify Problem-Review the situation and gather facts
- Meeting 2: Analysis-Establish Root Cause using analytical tools
- Meeting 3: Solution-Establish corrective action plan
 - Corrective Actions to Prevent Reoccurrence (CATPR) with single person accountability and operational ownership
 - RAMS-Reasonable, Achievable, Measureable, & Sustainable

Interviews



Try to Capture:

- Relevant facts, chronology of events
- Potential deviations of standard work/processes
- Other interesting information
- Questions for the next interview (based on what was learned from previous interview)

Following the Interview you should be able to:

- Identify defects (slices of Swiss Cheese) that contributed to the event
- Where did steps in process deviate or vary from expectations
- Identify whether errors or deviations were skill, rule or knowledge based
- Identify the individual deviation
- Identify the system failures (what system issues contributed to the individual choices)

Key Points on Verification

Don't drive the review of the event from a desk.

- *Go to the site where the event occurred*

Conduct pertinent literature review:

- *Identifies and clarifies standards of care*
- *Opportunity to benchmark lessons learned from other organizations*
- *Ideas for alternative corrective actions published elsewhere*
- *Regulatory Agencies (e.g. Joint Commission, DOH, etc.) will be more convinced you have been "thorough and credible"*

Determine Sequence of Events

- Establish a timeline of activities leading up to the event
- Keep focused on documenting facts, people involved, actions taken, surrounding environment
- Be factual without passing judgement
- Qualify, Validate, and Verify Information

End State should look like this:



The Virginia Mason Patient Safety System



Patient Safety System at Virginia Mason

Protecting Patients

Engaging Staff

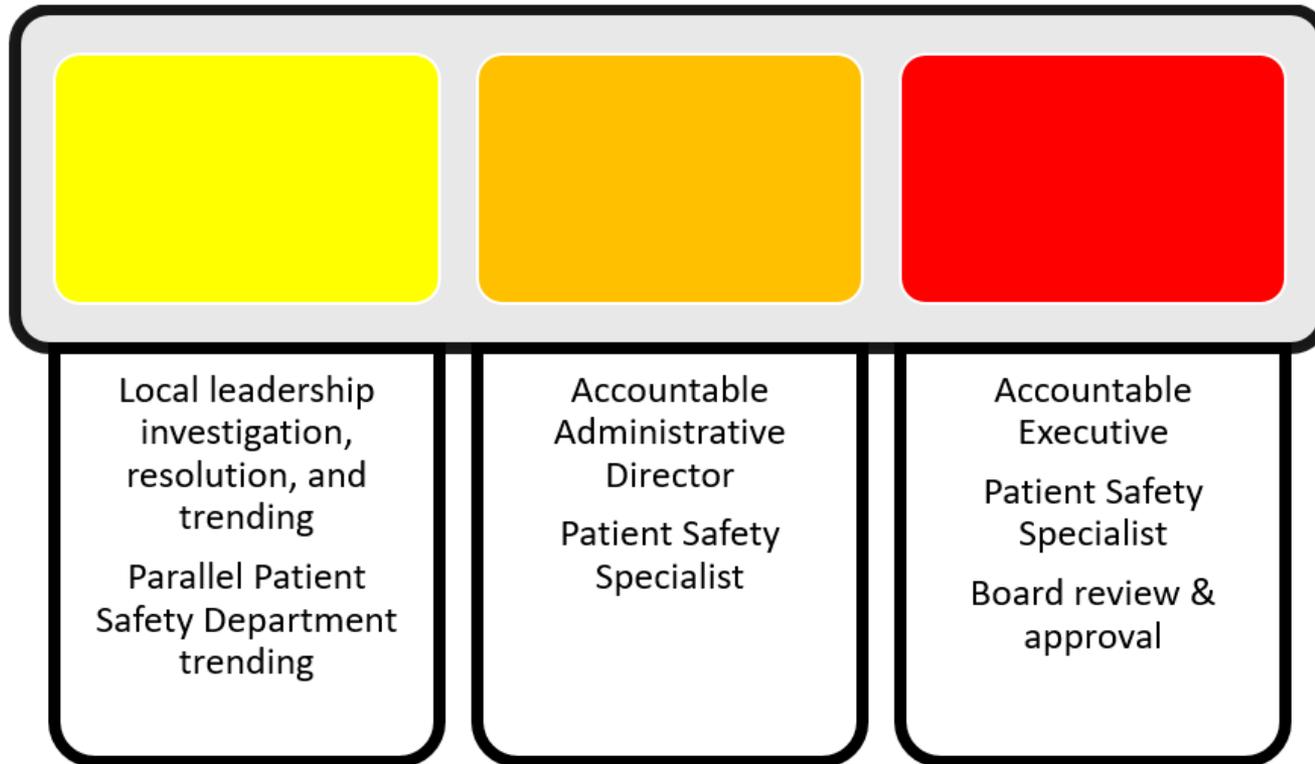
Saving Costs

- Focused on doing what is best for patients
- Employees learn that it is their duty to report anything that has caused harm or could cause harm to a patient
- PSAs support the organization's culture of safety
- Patient safety events are categorized into areas of severity

Patient Safety System at Virginia Mason

Severity of Adverse Event

PSA Categories



Process Flow

Severity of Adverse Event

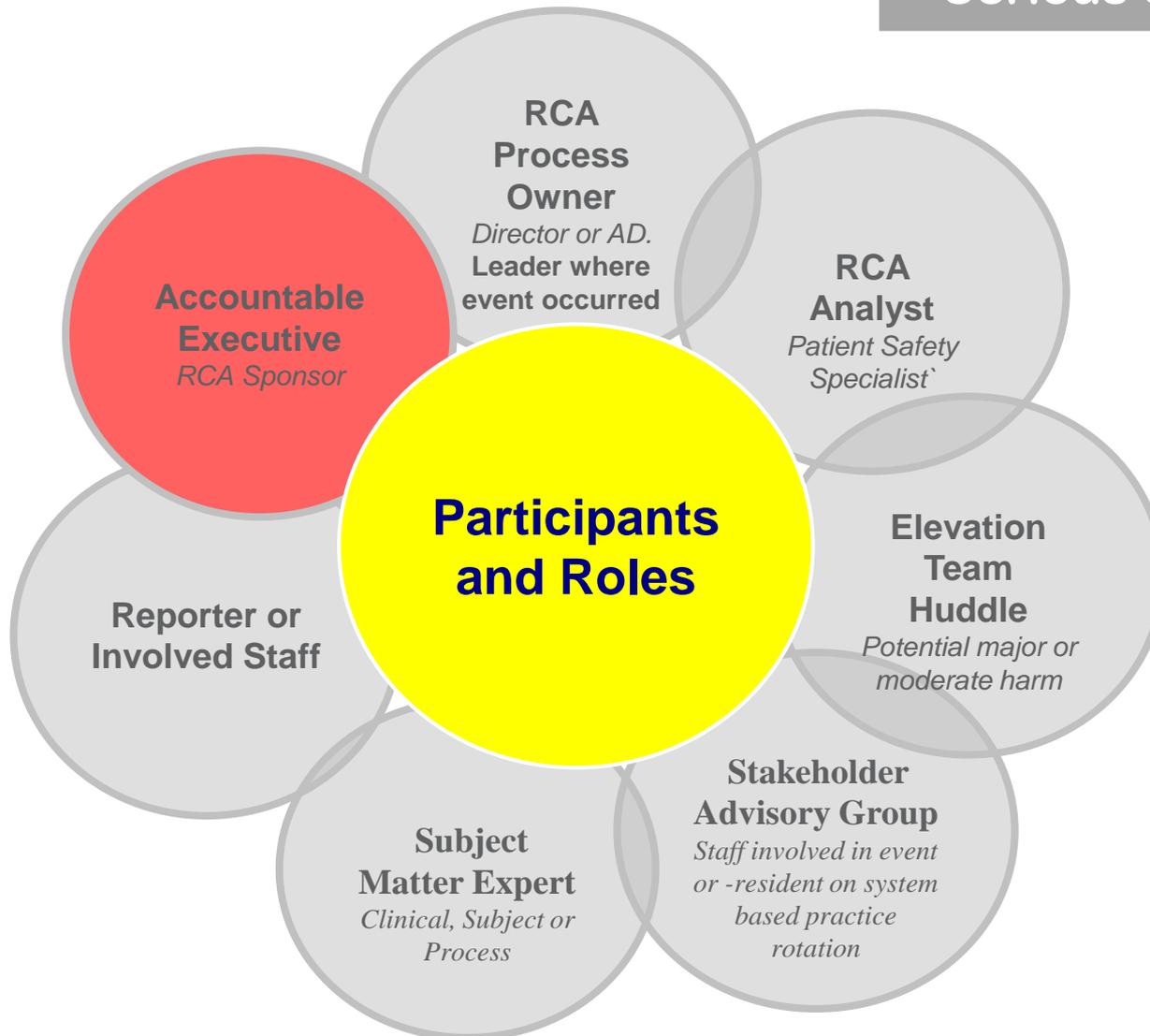


| | | |
|---|--|---|
| | | |
| Local leadership investigation, resolution, and trending Parallel Patient Safety Department trending | Accountable Administrative Director Patient Safety Specialist | Accountable Executive Patient Safety Specialist Board review & approval |

| |
|---|
| |
| Accountable Executive Patient Safety Specialist Board review & approval |

Red PSA Resolution Team (Root Cause Analysis Process)

Serious Safety Event



Executive Leader Role



**Accountable
Executive**
RCA Sponsor

Responsibilities:

- Establish urgency
- Ensure stabilization of patient and team
- Lead the Red PSA process
- Establish priorities and allocate resources
- Remove roadblocks
- Communicate status to other senior leaders
- Approves Root Cause and Root Solution
- Reports event to board members

Executive Leader Role

**Accountable
Executive**
RCA Sponsor

Action Plan:

1

Attend huddle

within two hours of being notified of red PSA

2

Review details of the event

Safety Specialist completes Patient Harm Event 1st meeting form

3

Establish investigation process

identify who will be interviewed and who is on the RCA team

4

Lead 2nd and 3rd PSA meetings

participate in RCA and discuss corrective actions

5

Final approval of Corrective Action Plan (CAP)

accountability – metrics – completion date - sustainability

RED: Patient Safety Alert RCA Pathway

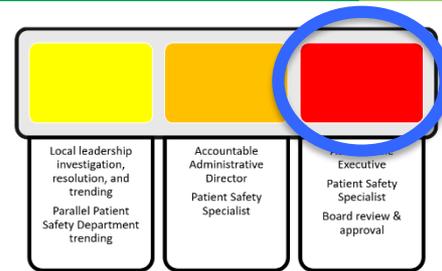
Within 2 Hours of Notification

Day of incident/ Confirmed RED

- ✓ Protect Patient
- ✓ Preserve evidence
- ✓ Fact Finding
- ✓ Patient Safety Specialist (PSS) sets up process

Huddle at Accountable Exec. Office –

- ✓ Confirm Initial Severity
- ✓ Review Facts
- ✓ Determine RCA Team
- ✓ Determine the tasks to be completed for investigation (i.e. interviews/review chart)
- ✓ Determine next Cause Analysis/CAP meeting
- ✓ Signals Dir./AD/VP/Chief
- ✓ Thanks Reporter
- ✓ PSS Facilitates and takes notes



LEADER FACT FINDING & MITIGATION GUIDE

LEADER: _____ Date: _____ Contact Information: _____

Safety Specialist: _____ Contact Information: _____

This tool is a guide for the first meeting. It is not necessary to fully complete. Thank you!

PT NAME: _____ MRN: _____

Is patient safe? _____

What steps have already been taken to prevent further harm to patients, staff, or others?

What other steps need to be taken?

Are immediate communications needed?

Is it possible to affect another patient?

Could it happen in another location?
• If yes, where?

Is the family/patient aware of the event?
• Name _____
• Contact Information _____

Has Patient Relations been contacted?

Is the care team okay?

| ID | Name | When Available |
|-------|------|----------------|
| RD | | |
| RN | | |
| Other | | |

Consider offering the Employee Assistance Program (EAP) if needed.

Is equipment involved?
If yes, what equipment?
Does it need to be investigated?

Additional Notifications needed? (Risk, Patient Relations, other departments, teams, or leaders)

Confidential: The following and/or attached information is confidential. This information is requested specifically for, and/or at the direction of, the Virginia Mason Quality Assessment Committee and/or Quality Oversight Committee and as part of the Virginia Mason Coordinated Quality Improvement Program. As such, this information is protected under HIPAA (45 CFR 164.506, 45 CFR 164.512 and 164.530).

PLEASE DO NOT ATTEMPT TO CONTACT OR DISSEMINATE INFORMATION TO OTHER PATIENTS SAFETY, 413-8000
PLEASE DO NOT ATTEMPT TO CONTACT OR DISSEMINATE INFORMATION TO OTHER PATIENTS SAFETY, 413-8000
DO NOT POST INFORMATION IN THE PUBLIC DOMAIN

**VMMC Patient Harm Event
1st Meeting**

Department: _____ Location of Event Occurrence: _____
Date of Event: _____ Date Reported: _____
Reported by: Rebecca Alimant

Escalation Team Discussion Yes No Date: _____

1st Meeting VPI/Chief: PSS: Director AD

Age: _____

REPORTED BY PROCESS OWNER

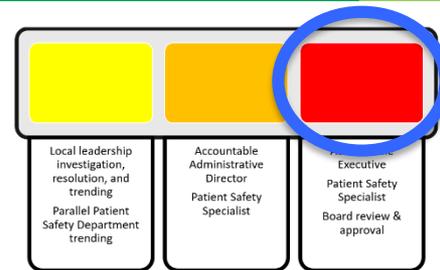
Brief Facts and Event Summary:

QUESTIONS FACILITATED BY PSS

| Needs/Issues to Consider | Actions Taken | Date |
|--|---------------|-------------------------------|
| What steps have already been taken to prevent further harm to patients, staff, or others? Are there equipment issues? | | |
| Risk Mitigation/Extent of Condition Continued | | |
| Is a Clinical Practice Alert indicated? | | |
| Has patient/family disclosure occurred? | | |
| Communication Considerations | | |
| Consider the following: | List Issues | Date notified and notified by |
| Communications | | |
| Is the team okay? EAP needed? | | |
| Does Patient Relations need to be notified? | | |
| Does Risk need to be notified? | | |
| Regulatory or Required Notifications (Police, CMS, DCM, FDA, Medwatch, etc.) | | |



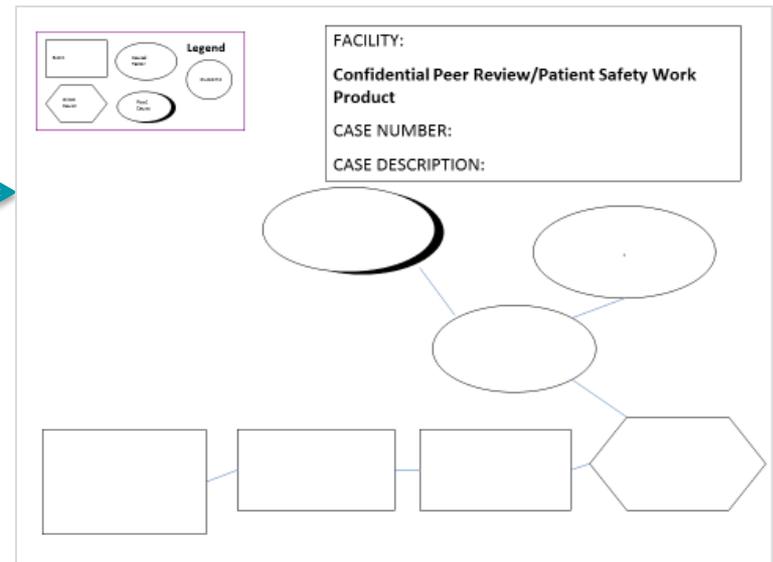
Red PSA RCA Pathway



Patient Safety Specialist (PSS)

- ✓ Investigate, interview, determine sequence of events
- ✓ Facilitates RCA 3 Meetings

Determine Analysis Tool-i.e. Event and Causal Factor



Red PSA RCA Pathway



< 19 days Post DOI

Meeting #2 – Causes

- ✓ Agree on facts and proximate causes
- ✓ Build consensus for possible root causes

If unable to agree on Root Cause schedule 3rd Meeting

Meeting #3- Corrections

- ✓ Confirm root causes
- ✓ Finalize Corrective Action Plan
- ✓ Ownership determined, timeline & metrics
- ✓ Reporter updated

Deploy CAPS

< 26 Days from DOI

CAP= Reasonable
Achievable
Measurable
Sustainable

PSS to meet with PS Dept. Dir. to evaluate Root Cause and CAPs

RCA 2nd / 3rd Meeting Agenda DRAFT

Participants:

- Accountable Leader (if unable to attend a communication plan is made to update Accountable Leader)
- RCA Team Lead (AD or Dir. Where patient event occurred)
- RCA Analyst (PSS)
- Stake Holders/Subject Matter Experts (staff from dept. of where occurred; effected dept.; medical staff leadership)
- Reporter (if applicable)

| Agenda Item | Responsible Role | Tool To Use | Time to Allow |
|--|---|---|--|
| Set Ground Rules | RCA Team Lead/RCA Analyst RCA Team Role Review | Respect for People RCA Team Role | 5 |
| Review Investigation Tool and Analytical tool – Clarify information and issues | RCA Analyst | Investigation Tool Analytical Tool used Interview results | 10 |
| Identify and Finalize Root Cause(s) | Team | Root Cause Effectiveness Tool | 15 |
| IF ROOT CAUSES NOT IDENTIFIED | IDENTIFIED | DO NOT PROCEED - | SCHEDULE 3rd MEETING |
| Develop CAPs that are: Reasonable Achievable Measurable Sustainable | Team | CAP Effectiveness Tool | 5 |
| CAP assigned with Implementation metrics | RCA Team Lead/RCA Analyst | CAP Tool | 10 |
| Communication Plan for Progress of implementation Developed and Agreed Upon | RCA Team Lead/RCA Analyst | Huddle or SharePoint | 5 |
| Lessons Learned Developed | Team | Lesson Learned Template | 5 |
| Date of KPO 60 day Report Out | RCA Team Lead | Outlook Calendar Invite | 5 |

If Root Cause Agreed on complete objectives in 3rd Meeting

Red PSA RCA Pathway



Developing CAP Framing Form

PSA:

Severity: Red/ Orange/Yellow

Exec. /Leader:

| | |
|--|--|
| 1. What Needs to be completed, and by when? | 2. Why is the CAP important? |
| 3. What factors may make this CAP complex? | 4. What biases or mental valleys may we, or other influencers or decision-makers have? |
| 5. What quantitative or qualitative data should we gather and analyze prior to CAP form Finalization? | 6. What constraints exist for this CAP(s)? |
| 7. Whose support is essential to making this CAP Successful? Why? | 8. What's unknown that needs to be explored further prior to finalizing CAP? |
| 9. What stakeholder groups do we need to consult with before finalizing CAP? (Stakeholder perspectives tool) | 10. What else needs to be considered to prepare for our discussions with decision-makers and/or stakeholders of CAP? |

Red PSA RCA Pathway



Patient Safety Specialist (PSS)

< 28 Days from DOI

- ✓ Weekly update with Accountable Exec. Owner
- ✓ On status of CAPs, as needed



Monitor implementation of CAPs

< 60 days from DOI

- ✓ CAPs are fully implemented
- ✓ Report on progress to Accountable Exec. Owner monthly

< 100 days from DOI

- ✓ RED PSA is presented to QOC for closure
- ✓ PSA Pointers-Lesson's Learned Disseminated

Key Takeaways

Lessons Learned

-  Engage your workforce as inspectors obsessed with patient safety
-  Drive your culture with respectful behaviors, stories, & celebrations
-  Determine how to sort & prioritize your events and be stewards of your resources
-  Define roles & responsibilities for those involved in the RCA process

Retained Surgical Sponge

[Back to the Case Study](#)

- Retained surgical sponge required our patient to have an unnecessary operation, delayed recovery and potential loss of trust
- Incidence was reported to the Department of Health

Step 1: State (define) the Problem

RCA Process Steps



Retained foreign object (surgical sponge) on a patient who underwent an abdominal surgical procedure

Step 2: Analysis-Collect the Data

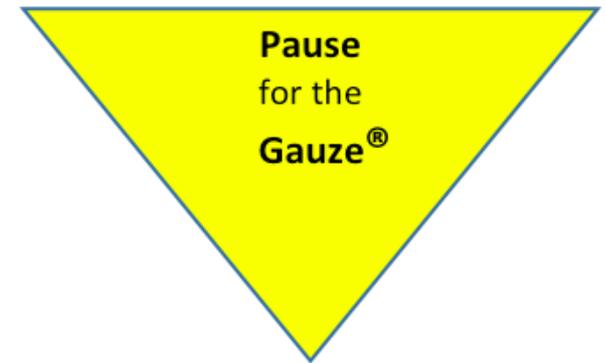
RCA Process Steps

1. Multidisciplinary team formed:

- Surgeon, Anesthesiologist, Radiologist, Surgical Resident, Surgical Tech, Circulator RN, Director of OR

2. External environmental scan of industry best practice

- Study “no item left behind” initiative
- Pause for the Gauze
- Review of DOH, TJC standards
- Count bags
- Separation of sponges from dressings
- Use of devices



3. Standard Work review

- Counting method, count boards, separation of sponges and dressing

4. Role of radiologist in final clearance

- Role of surgeon; resident teaching; anesthesia implications

Step 2: Identify Possible Causal Factors

RCA Process Steps

What sequence of events led to the problem?

- Use of count bag and deviation from standard process
- Dressing placed on mayo stand in proximity to sponges
- Count process

What conditions allowed the problem to occur?

- Saturday surgery
- Radiology image review and confirmation- white noise on image
- Timing of the radiology confirmation
- Resident expertise



Step 2: Identify the Root Cause

RCA Process Steps

What is the real reason the problem occurred?

- **Sponge count methods varied**
 - Sponge count process (bags, ST and RN collaboration, OR board usage)
 - Complacency of team
 - Dressings placed on mayo stand which contributed to wrong case count
- **Surgical resident focused on reading the post op x-ray for retained instrument but not sponges**
- **Radiologists do not receive clinical information on the patient**
 - White noise on the radiology image - no opportunity for radiologist to confirm reading
 - Timing of the confirmation was after the patient left the OR

Step 3: Solutions - Corrective Action Plan

What can you do to prevent the problem from happening again?

RCA Process Steps

Our Corrective Action Plan:

1

Resident education and training

How to read images for retained instruments and sponges

2

Standard process for sponge counts and dressings

Re-education of entire OR team; audits 6 months; accountability

3

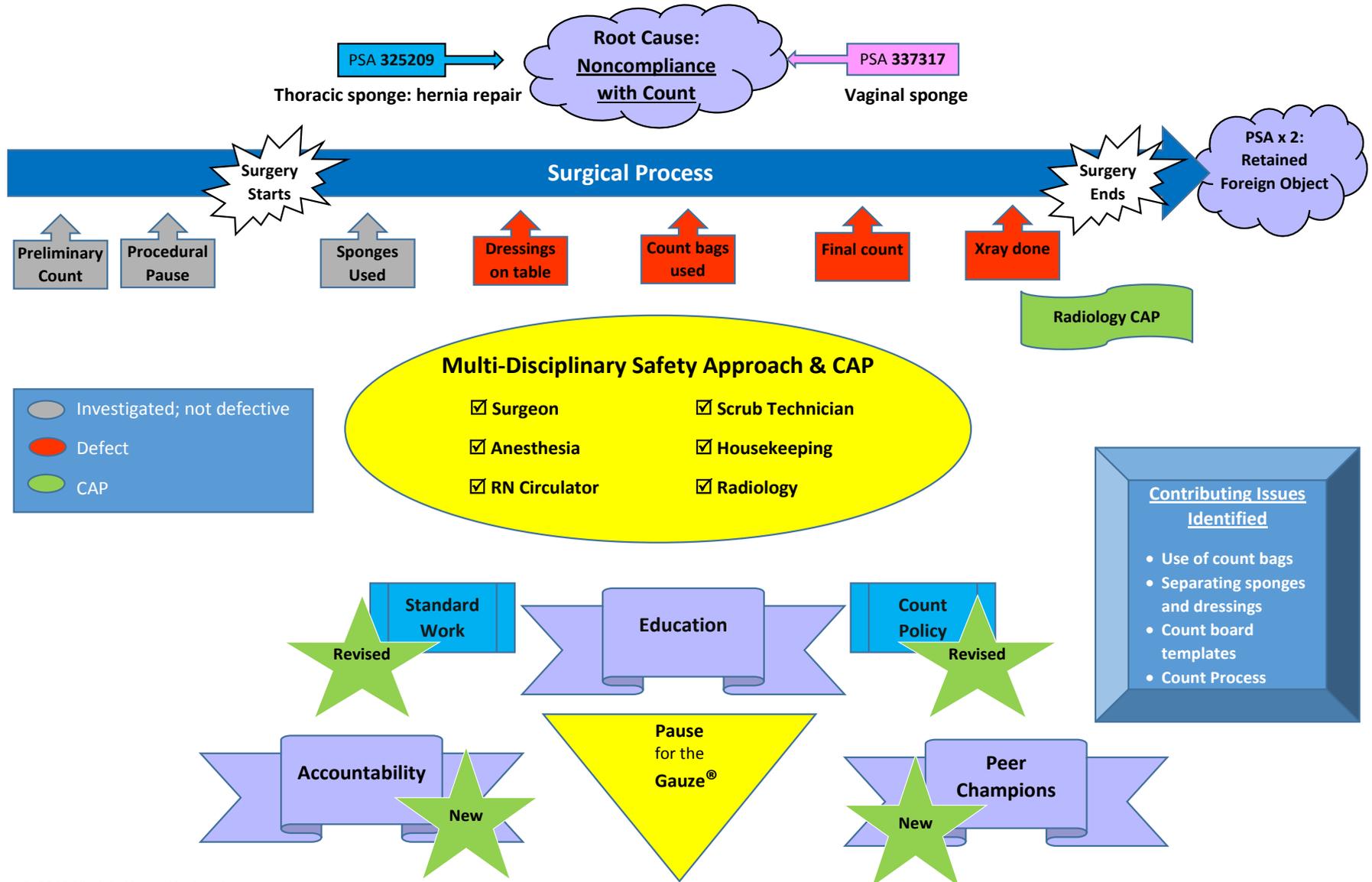
Establish role of radiologist

*Stat radiology confirmation before patient leaves OR
Phone consult to review tubes, drains, hardware*

4

Pause for the Gauze initiative

Retained Foreign Object Root Cause



Ending to Our Case Study

One month after discharge from the hospital...



84 year old patient returned to Alaska and back to work as a lumberjack

Lessons Learned

Our Journey at Virginia Mason: Culture of Safety

- Role of executive leader to promote active participation
- Time at the site of care to see the process
- Multidisciplinary team approach to RCA (residents, front line team members, etc.)
- Maintain Rigor: presentation to Board, implementation of CAP, audits and coaching

The Power of RCA Tools and Process

- Fishbone
- Causal factors charts
- Common cause analysis
- Study of industry best practices

Impact on the team when something goes wrong

Resources:

National Patient Safety Foundation:

- RCA2 Improving Root Cause Analyses and Actions to Prevent Harm; Second online publication, Version 2, January 2016.

Healthcare Performance Improvement (HPI):

- SEC & SSER Patient Safety Measurement System for Healthcare-HPI White Paper Series-Rev. 2-May 2011

American Society Healthcare Risk Management (ASHRM):

- White Paper Series: Serious Safety Events
Root Cause Analysis Playbook